

编舞者: Jan Wyllie (AUS) - August 2010 音乐: Talking To Myself - Dave Sheriff



16 count intro.

Rock Fwd Back, Toe Struts Back RL, Rock Back Fwd

1,2 Rock/step fwd on R, Rock back on L

3,4,5,6 Toe strut back R,L

7,8 Rock/step back on R, Rock fwd on L

Heel Struts Fwd RL, Step Fwd RL With Feet Apart, Elvis Knees RL

9,10,11,12 Heel strut fwd R,L

&13,14 Step R fwd, Step L fwd –feet apart, Hold

*Hold palms fwd in a 'stop' position each times he sings STOP - walls 2,3,5,7

15,16 Bend R knee to centre, Straighten R knee and bend L knee to centre (Elvis Knees)

Vine Left Touch Beside, Side Behind, 1/4 Fwd Scuff

17,18,19,20 Step L to left, Step R behind L, Step L to left, Touch R beside L

21,22,23,24 Step R to right, Step L behind R, Making 1/4 right step fwd on R, Scuff L fwd

Rock Fwd Back, Step Back Kick Fwd, Step Back Touch Beside, Side Rock Replace

25,26,27,28 Rock/step fwd on L, Rock back on R, Step back on L, Kick R fwd

29,30 Step back on R, Touch L beside R,

31,32 Side Rock L to left, Rock/replace wt sideways onto R

Weave Right, Cross Rock Replace, Side Touch Beside

33,34,35,36 Step L across R, Step R to tight, Step L behind R, Step R to right

37,38,39,40 Cross/rock L over R, Rock/replace wt on R, Step L to left, Touch R beside L

Side Rock Replace, Weave Left, Rock Back Fwd

41,42 Rock/step R to right, Rock/replace wt sideways on L

43,44,45,46 Step R behind L, Step L to left, Step R across L, Step L to left

47,48 Rock/step back on R, Rock fwd on L

Step Pivot 1/2, Fwd Hold, Step Pivot 1/4, Fwd Hold

49,50,51,52 Step fwd on R, Pivot 1/2 left transferring wt to L, Step fwd on R, Hold Step fwd on L, Pivot 1/4 right transferring wt to R, Step fwd on L, Hold

Step Pivot 1/2, Stomp Fwd RL, R Kick Ball Change, Stomp Fwd RL

57,58,59,60 Step fwd on R, Pivot 1/2 left transferring wt to L, Stomp fwd RL

61,62,63,64 R leg kick ball change, Stomp fwd RL

*To finish the dance at the front wall... after count 60

Step fwd on R, Pivot 1/2 left transferring wt to L, Stomp R fwd, Hold with R hand in stop position

This song and dance were both written especially for an event held by 'Country Line Dance Association' (CLDA) Singapore in August 2010.

Dave was kind enough to fit this song into his busy schedule and I thank him for his effort... just home from a tour and straight into recording!

It was my pleasure to write a dance to his song and I look forward to catching up with Dave and the Singapore linedancers very soon!

Hope you enjoy both the song and the dance. See you on the floor sometime.... Jan

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