

# Let Me Down

拍数: 48                      墙数: 4                      级数: Intermediate  
编舞者: Ingrid Kan (TW) - August 2010  
音乐: Giddy On Up - Laura Bell Bundy : (CD: Achin' & Shakin' Album Version)



## (1-8) R toe touches front & side, R sailor step Scoot Step L-R, Double Step on L

1-2                      Touch R toe forward, touch R toe side  
3&4                      Cross step R behind L, step L side, step R fwd  
5-6                      Small scoot on L toward L diagonal, Small scoot on R towards R diagonal  
7&8                      Small scoot on L towards L diagonal x2 (make sure weight ends on L)

## (9-16) Scoot Step R-L, Double Step on R , L Rock Fwd, Recover on R, Coaster

1-2                      Small scoot on R toward R diagonal, Small scoot on L towards L diagonal  
3&4                      Small scoot on R towards R diagonal x2 (make sure weight ends on R)  
5-6                      L Rock Fwd, Recover on R  
7&8                      Step L back, Step R back next to L, Step L forward

## (17-24) R Mambo Forward Turn 1/2, Full Turn R, Rock Recover on L, Back Walk R-L

1&2                      Rock forward on R, Recover back on L, Turn 1/2 Step R  
3&4                      Full Turn TO R, L-R-L (option shuffle)  
5-6                      R Rock Recover on L  
7-8                      Back Walk R-L

## (25-32) Paddle 1/4 Turn L x2 , Stomp R-L, Heel-Toe-Heel, Heel-Toe-Heel

1&                      RF 1/4 turn left, (right knee LF Touch to left side)  
2&                      RF 1/4 turn left, (right knee LF Touch to left side)  
3-4                      Stomp R-L  
5&6                      Feet together twist both heels to right, both toes to right, both heels to R  
7&8                      Feet together twist both heels to left, both toes to left, both heels to left (weight on L)

## (33-40) Chasse Right, Rock Back, Chasse Left, Rock Back

1&2                      Step R to R side. Step L next to R. Step R to R side  
3-4                      Rock back on L. Recover onto R  
5&6                      Step L to L side. Step R next to L. Step L to L side  
7-8                      Rock back on R. Recover onto L.

## (41-48) Jazz, R heel , Grind turn 1/4 to R down, L Coaster

1-4                      Cross R over L, Recover on L, Step R to side, Step L next to R  
5-6                      Step Right heel forward, grind Right heel to Right, down weight on R  
7&8                      Step back on L, step R next to Left, step forward on Left

### TAG 1: At the END of Wall 2 add the following 12 counts

#### (1-8) R toe touches front & side, R sailor step, L toe touches front & side, L sailor step

1-2                      Touch R toe forward, touch R toe side  
3&4                      Cross step R behind L, step L side, step R fwd  
5-6                      Touch L toe forward, touch L toe side  
7&8                      Cross step L behind R, step R side, step L fwd

#### (9-12) R Step turn L 1/2 (twice)

### TAG 2: At the END of Wall 5 add the following 4 counts

#### (1-4) Jazz

1-4                      Cross R over L, Recover on L, Step R to side, Step L next to R

Happy Dancing

<http://www.youtube.com/user/IngrindKan>

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