

# Nightshift

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Kath Dickens (UK) - August 2010  
音乐: Nightshift - Dr. Victor & The Rasta Rebels



**Intro: 23 secs from start, or 32 Counts from heavy beat, starting on vocals.. "Marvin"**

## **Rock, Recover, Triple Full Turn Right, Cross, Side, 1/4 Sailor Step Fwd**

- 1 - 2      Rock fwd on Right, recover weight back onto Left.
- 3 & 4      Triple full turn to Right on the spot stepping R-L-R (Coaster for easier option).
- 5 - 6      Cross Left over Right, step side Right.
- 7 & 8      Sweep Left Foot behind Right, make 1/4 turn Left stepping on Right, step fwd on Left. (9.00)

## **&, Walk, Walk, Mambo Fwd, Back, Drag, &, Walk, Walk**

- & 1 - 2      Step Right next to left (&) walk fwd L-R
- 3 & 4      Rock fwd on Left, recover weight to Right, step slightly back on Left.
- 5 - 6      Take a long step back on Right, drag Left foot back.
- & 7 - 8      Step onto Left (&), walk fwd R-L.

## **Rock, Recover, 1/4 Touch, 1/4 Turn, Touch, 1/4 Turn, Sailor Step**

- 1 - 2      Rock fwd on Right, recover weight back onto Left
- 3 - 4      Make 1/4 turn to Right and touch Right next to Left, make another 1/4 turn Right stepping fwd on Right. (3.00)
- 5 - 6      Touch Left at side of Right, make another 1/4 turn Right as you step side Left. (6.00)
- 7 & 8      Step Right behind Left, step Left to side, step slightly diagonal Right.

**Try doing counts 3 - 6 with hip bumps and a little attitude.**

## **Step, Touch, Shuffle x 2**

- 1 - 2      (Moving fwd) step on Left to Left Diagonal, touch Right next to Left.
- 3 & 4      Shuffle to Right diagonal stepping R-L-R.
- 5 - 8      Repeat 1 - 4 again.

## **Rock, Recover, Triple Full Turn, Cross, 1/4 Turn, 1/4 Chasse**

- 1 - 2      Rock fwd on Left, recover weight back onto Right.
- 3 & 4      Triple full turn to the Left on the spot stepping L-R-L (Coaster for easier option)
- 5 - 6      Cross Right over Left, make 1/4 turn Right as you step back on Left (9.00)
- 7 & 8      Make another 1/4 turn Right as chasse to Right to side stepping R-L-R. (12.00)

## **&, Side, Left Jazzbox, Hip Bumps x 4**

- &1- 2      Step Left next to Right (&) Step side Right, cross Left over Right,
- 3 - 4      Step Back on Right, step to side on Left.
- 5 - 8      Bump hips to R-L-R-L \* Restarts come here.!!

## **Rock, Recover, Shuffle Back, Shuffle 1/2, 1/4 Pivot**

- 1 - 2      Rock fwd on Right, recover weight on left.
- 3 & 4      Shuffle Back, R-L-R
- 5 & 6      Shuffle 1/2 turn Left L-R-L (6.00)
- 7 - 8      Step fwd on Right, make 1/4 turn Left as you transfer weight onto Left. (3.00)

## **Cross, Side, Sailor Step x 2**

- 1 - 2      Cross Right over Left, step Left to side.
- 3 & 4      Step Right behind Left, step Left to side, step Right to side.
- 5 - 8      Repeat steps 1- 4 starting on Left.

Restarts come on wall 3 (6.00) and wall 6 (12.00)  
Optional ending = Just do an extra triple full turn.

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