

100% Easy

拍数: 48 墙数: 4 级数: Beginner
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音乐: It's So Easy - Buddy Holly : (CD: Oldies 101)



Count In: 32 Counts

(1-8) Vine Right, Side Touch, Side Touch

1-4 Step R to right side, cross L behind right, step R to right, touch L beside R

Alternative for counts 1-4: Right Rolling Vine

5-6 Step L to left side, Touch R beside L and clap

7-8 Step R to right side, Touch L beside R and clap

(9-16) Vine ¼ Left Turn, Side Touch, Side Touch

1-4 Step L to left side, cross R behind L, ¼ turn Left stepping forward L, touch R beside L [9]

5-6 Step R to right side, Touch L beside R and clap

7-8 Step L to left side, Touch R beside L and clap

(17-24) Side Behind ¼ Right Shuffle, Forward ¼ Right Pivot, Cross Shuffle

1-2 Step R to right side, Step L behind R

3&4 ¼ turn right stepping forward on R, Step L beside R, Step forward on R [12]

5-6 Step forward on L, Pivot ¼ Turn Right [3]

7&8 Cross L over R, Step R to right side, Cross L over R

(25-32) Right Chasse, Back Recover, Left Chasse, Back Recover

1&2 Step right to right side, Step L beside R, Step R to right side

Alternative for counts 25&26: Shuffle RLR, turning ½ turn left

3-4 Rock back L, Recover on R

5&6 Step L to left side, Step R beside L, Step L to left side

Alternative for counts 29&30: Shuffle LRL, turning ½ turn right

7-8 Rock back R, Recover on L

(33-40) Jazz Box ¼ Right Turn (x 2)

1-4 Cross R over L, Step back L with ¼ turn right, Step R to right side, Step L beside R [6]

5-8 Cross R over L, Step back L with ¼ turn right, Step R to right side, Step L beside R [9]

(41-48) Walk Walk Walk Kick, Back Back Back Touch

1-4 Walk forward RLR, Kick L forward

5-8 Walk back LRL, Touch R beside L

Enjoy! No tag and restart

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