

Anne Marie

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Knox Rhine (USA) - August 2008
音乐: Heavy Duty Beauty - Taylor Made



32 count intro, start with vocals.

BRUSH, HOOK, BRUSH, BACK, ROCK STEP, SHUFFLE FORWARD

1 Brush LEFT toe forward
2 Brush-hook LEFT toe across right shin
3 Brush LEFT toe forward
4 Brush LEFT toe back
5 Step LEFT foot back
6 Rock forward onto RIGHT foot
7 Step LEFT foot forward
& Step RIGHT foot next to left foot
8 Step LEFT foot forward

BRUSH, HOOK, BRUSH, BACK, ROCK STEP, SHUFFLE FORWARD

9 Brush RIGHT toe forward
10 Brush-hook RIGHT toe across left shin
11 Brush RIGHT toe forward
12 Brush RIGHT toe back
13 Step RIGHT foot back
14 Rock forward onto LEFT foot
15 Step RIGHT foot forward
& Step LEFT foot next to right foot
16 Step RIGHT foot forward

MONTEREY TURN

17 Touch LEFT toe to left side
18 Pivot 1/2 turn on ball of RIGHT foot, placing LEFT foot next to right foot
19 Touch RIGHT toe to right side
20 Step RIGHT foot next to left foot

MONTEREY TURN

21 Touch LEFT toe to left side
22 Pivot 1/2 turn on ball of RIGHT foot, placing LEFT foot next to right foot
23 Touch RIGHT toe to right side
24 Step RIGHT foot next to left foot

ROCK STEP, SHUFFLE TURN

25 Step LEFT foot forward
26 Rock back onto RIGHT foot
27 Step LEFT foot 1/4 turn left
& Step RIGHT foot next to left foot
28 Step LEFT foot 1/4 turn left

SHUFFLE FORWARD, ROCK STEP

29 Step RIGHT foot forward
& Step LEFT foot next to right foot
30 Step RIGHT foot forward

- 31 Step LEFT foot forward
32 Rock back onto RIGHT foot

SIDE TRIPLE STEP, CROSS ROCK

- 33 Step LEFT foot to left side
& Step RIGHT foot next to left foot
34 Step LEFT foot to left side
35 Step RIGHT foot across behind left leg
36 Rock forward onto LEFT foot

1/4 TURNING TRIPLE STEP, CROSS ROCK

- 37 Step RIGHT foot to right side starting 1/4 turn left
& Step LEFT foot next to right foot
38 Step RIGHT foot to right side finishing 1/4 turn left
39 Step LEFT foot across behind right leg
40 Rock forward onto RIGHT foot

(Restart point)

WALKING HIP BUMPS

- 41 Step LEFT foot forward-left, bumping hips fwd-left
& Relax hips
42 Bump hips fwd-left
43 Step RIGHT foot forward-right, bumping hips fwd-right
& Relax hips
44 Bump hips fwd-right
45 Step LEFT foot forward-left, bumping hips fwd-left
& Relax hips
46 Bump hips fwd-left
47 Step RIGHT foot forward-right, bumping hips fwd-right
& Relax hips
48 Bump hips fwd-right

STOMP, HOLD, 1/2 TURN, HOLD

- 49 Stomp LEFT foot forward
50 Hold
51 Pivot 1/2 turn right on ball of right foot
52 Hold

STOMP, HOLD, 1/2 TURN, HOLD

- 53 Stomp LEFT foot forward
54 Hold
55 Pivot 1/2 turn right on ball of RIGHT foot
56 Hold

TAG: Done during music break:

TOUCH, STEP FORWARD, TOUCH, STEP BACK, TOUCH, STEP BACK, TOUCH, STEP FORWARD

T1 Touch LEFT toe next to right foot

T2 Step LEFT foot forward

T3 Touch RIGHT toe next to left foot

T4 Step RIGHT foot back

T5 Touch LEFT toe next to right foot

T6 Step LEFT foot back

T7 Touch RIGHT toe next to left foot

T8 Step RIGHT foot forward

Dance pattern: There are two restarts and a tag in this dance. Restarts are after the first two instrumental

sections. You dance the first 40 counts and restart the dance.

There is a break in the music (you will be facing the back wall) do the TAG.

Then, dance the full pattern, for the ending: do the first 6 counts, make counts 7&8 (the shuffle) a right 1/4 turning triple step to end facing the front wall, add two stomps: R-L and you're done!

Pattern: Full, Full, restart, Full, restart, Full, Tag, Full, ending
