

# Undo It

拍数: 76      墙数: 2      级数: Phrased Intermediate  
编舞者: Amy Christian (USA) & Gene Norton (USA) - July 2010  
音乐: Undo It - Carrie Underwood



## Sequence Of Dance: AB AB Tag B

Note: "A" Will Always Start On Front Wall And "B" Will Always Start On Back Wall.

### Part A (32 cts)

#### Twist, Twist, Twist 1/4 Hitch, L Coaster Step, Jazz Box 1/4, Mambo Touch

1&2      Twist Heels to R side, Twist Toes to R side, Twist 1/4 turn left with a Hitch on L foot  
3&4      L Coaster(LRL)  
5&      Cross R over left, 1/4 turn right stepping L foot back  
6&      Step R foot to R side, Step L foot next to R  
7&8      Rock to R side on R foot, Recover on L, Touch R next to L

#### Step, Pivot, Turn, L. Coaster Step, Rocking Chair, 1/4 Turn L. stepping back on R.

1&2      Step fwd on R foot, Pivot 1/2 turn left on L foot, 1/2 turn left, Step R foot next to L foot  
3&4      L Coaster(LRL)  
5&6&      Rocking chair  
7&      Step R foot to R side and Bump R, Bump L  
8      1/4 turn left, taking big step back on R foot while sliding L. towards R.

#### L. Coaster, Jazz Box 1/4, Walk, Walk. Jazz Box 1/4

1&2      L Coaster(LRL)  
3&4&      Cross R foot over L, 1/4 turn right stepping L foot back, Step on ball of R foot, Step on ball of L next to R,  
5-6      Step R foot next to L, Step forward on L foot  
7&8&      Cross R foot over L, 1/4 turn right, stepping L foot back, Step on ball of R foot, Step on ball of L next to R,

#### Triple Forward, Rock Fwd, 1/4 Recover, Cross, Big Step, Drag & Touch, L. Mambo

1&2      Triple forward, R, L, R  
3&4      Rock fwd on L foot, 1/4 right, recovering on R., Cross L over R  
5-6      Take big step to right side on R foot, Drag and Touch L next to R  
7&8      Mambo to L side

### Part B (44 cts)

#### Side, short Weave and forward, Step R. forward, R. Chase turn(LRL), Full turn L. (RLR)

1-2&3-4      Step R. to R., Step L. behind R, Step R. to R., Step L. Forward., Step R. Forward with R. turn prep  
5&6      1/2 Chase turn to R.(LRL)  
7&8      Turn 1/2 L. stepping back on R., Turn 1/2 L. stepping forward on L., point R. to R. side

#### Cross, Scissor Step 1/2 turn to the Left, Cross rock side, short weave

1&2&3&4      Cross R. over L., Rock L. to L, Step R next. to L., Cross L. over R., turn 1/4 L. stepping back on R., turn 1/4 L on L. stepping R. to R.  
5&6      Rock L. across R., recover weight to R., Step L. to L.  
7&8      Cross R. over L., step L. to L., step R.. behind L.

#### Turn, Turn, Side Shuffle, Cross, Back, Back, Cross, Back, Back,

1-2      Turn 1/4 L. and step L. forward, Turn 1/2 L. stepping back on R.  
3&4      Turn 1/4 L. and Side Shuffle LRL

5&6 Cross R. over L., step L. back, Step R. back.  
7&8 Cross L. over R., step R. back step L. back.

**Long Weave with point, Cross, Turn, Coaster step(RLR)**

1&2&3&4 Step R. to R., Cross L. behind R., Step R. to R., Step L. over R., Step R. to R., Cross L. behind R., Point R out to R.  
5-6 Cross R. over L., turn ¼ R. stepping back on L.  
7&8 Coaster Step(RL(alternative steps 7&8...Full turning shuffle to R.))

**Cross Walk, Cross Walk(prissy walk), quick step, step, step, Cross, Turn, Coaster Step**

1-2 Walk forward L. over R., Walk forward R. over L.  
&3-4 Step forward L, Bring R. next to L., Step L. forward  
5-6 Cross R. over L., Turn ¼ R., Step back on L.  
7&8 Coaster Step (RLR)

**(alternative steps 7&8...Full turning shuffle to R.)**

**Cross Walk, Cross Walk(prissy walk), Forward Mambo Step(LRL)**

1-2 Walk forward L. over R., Walk forward R. over L.  
3&4 Rock forward on L., Recover on R., Step L. next to R

**BEGIN AGAIN**

**TAG - 16 counts (Facing the front wall)**

**Basic NT2 to R, Basic NT2 to L, Rocking Chair, (Or Walk, Walk) Pivot 1/2**

1-2& Step R to right side, Rock back on L, Recover on R  
3-4& Step L to left side, Rock back on R, Recover on L  
5&6& Rock fwd On R, Recover on L, Rock back on R, Recover on L  
7-8 Step fwd on R, Pivot 1/2 turn left on L

**Basic NT2 to R, Basic NT2 to L, Pivot 1/2, Pivot 1/2,**

1-2& Step R to right side, Rock back on L, Recover on R,  
3-4& Step L to left side, Rock back on R, Recover on L,  
5-6 Step fwd on R, Pivot 1/2 turn left on L,  
7-8 Step fwd on R, Pivot 1/2 turn left on L.(Facing back wall).

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