

Legend of Xanadu

拍数: 72 墙数: 2 级数: Improver
编舞者: Ray Cadden (UK) & Liz Cartwright (UK) - July 2010
音乐: The Legend of Xanadu - Dave Dee, Dozy, Beaky, Mick & Tich : (Various
Compilation Cd's)



Intro. 16 Counts From Start Of Heavy Beat (When Vocals Start)

Section 1. Weave Right, Side Rock, Cross, Hold.

1-4 Step Right To Right, Cross Left Behind Right, Step Right To Right, Cross Left Over Right
5-8 Rock Right To Right, Recover Weight On Left, Cross Right Over Left, Hold

Section 2. Weave Left, Side Rock, Cross, Hold

1-4 Step Left To Left, Cross Right Behind Left, Step Left To Left, Cross Right Over Left
5-8 Rock Left To Left, Recover Weight On Right, Cross Left Over Right, Hold

Section 3. Rumba Box

1-4 Step Right To Right, Step Left Beside Right, Step Right Forward, Hold
5-8 Step Left To Left, Step Right Beside Left, Step Left Back, Hold

Section 4. Shimmy To Right, Grapevine Left

1-4 Take A Long Step To The Right With Right, Shimmy Over 2 Counts, Touch Left Beside Right
5-8 Step Left To Left, Cross Right Behind Left, Step Left To Left, Touch Right Beside Left

Section 5. ¼ Monterey Turn Right, Jazz Box

1-4 Take Small Step To Right With Right, Turn ¼ Turn Right Weight On Right, Touch Left To Left,
Step Left Beside Right
5-8 Cross Right Over Left, Step Back On Left, Step Right To Right, Step Left Beside Right

Section 6. ¼ Monterey Turn Right, Jazz Box Repeat Section 4

Section 7. Step Touches, Forward And Back

1-4 Step Diagonally Forward On Right, Touch Left Beside Right, Step Diagonally Forward On
Left, Touch Right Beside Left
5-8 Step Diagonally Back On Right, Touch Left Beside Right, Step Diagonally Back On Left,
Touch Right Beside Left

Bridge: Here On Walls 3 And 4, Repeat Step Touches, Then Continue Dance

Section 8. Rocking Chair, Step ½ Pivot, Rock Recover

1-4 Rock Forward On Right, Recover Back On Left, Rock Back On Right, Recover Forward On
Left
5-8 Step Forward On Right, Pivot Half Turn Left, Weight On Left, Rock Forward On Left, Recover
Back On Left

Section 9. Rock Back, Recover, Step ½ Pivot, Rocking Chair

1-2 Rock Back On Right, Recover Forward On Left
3-4 Step Forward On Right, Pivot Half Turn Left Weight On Left
5-8 Rock Forward On Right, Rock Back On Left, Rock Back On Right, Recover Forward On Left

Ending. On The Final Wall (Facing Front) Dance Up To Vine Left, Then Do Two ½ Monterey Turns Step Forward On Right Foot And Pose

Repeat, And Enjoy

