

Let's Groove Tonite

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Joyce Nicholas (MY) - July 2010
音乐: Let's Groove (Cut Version) - Earth, Wind & Fire : (3:27)



Intro: 32 counts

(1-8) JAZZ BOX, HOLD & CLAP, ¼ RIGHT PIVOT, CROSS SHUFFLE

1-4 Cross R over left, Step back L, Step R to right, Hold & clap
5-6 Step forward on L, Pivot ¼ R
7&8 Cross shuffle L, R, L 3.00

(9-16) ¼ TURN LEFT, STEP HITCH, STEP & CROSS, STEP ½ TURN TOUCH, SHUFFLE FWD

1-2 Making ¼ turn left step back on R, Hitch L
&3-4 Step onto L, Cross R over left, Step L to left
5-6 Step fwd R, Pivot ½ L on ball of right, Touch L in front of right
7&8 Shuffle fwd L,R,L 6.00

(17-24) BACK ROCK, HIP BUMPS, FORWARD ROCK, SAILOR ¼ TURN LEFT

1-2 Rock back on R, Rock fwd on L
3&4 Step R diagonally fwd right bump hips fwd, back, fwd (R,L,R)
5-6 Rock fwd on L, Rock back on R
7&8 Cross L behind right turning ¼ left, Step R to right, Step L to left 3.00

(25-32) STEP OUT, DROP DOWN, SHOULDER POPx2, ½ LEFT PIVOT

1-2 Stepping fwd slightly, Step R to right, Step L to left
3-4 Drop, drop down into squat position
5-6 Pop shoulders twice while straightening to upright position
7-8 Step R fwd, Pivot ½ L 9.00

START AGAIN
