

# It's Over

COPPER KNOB  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Improver / Easy Intermediate  
编舞者: Chris Cleevely (UK) - July 2010  
音乐: It's Over - Alexandra Burke : (CD: Overcome' Single)



16 Count intro.

**Walk Forward Right, Left; Rock Forward, Recover, Step Forward; Walk Forward Left, Right; Rock Forward, Recover, Step Back**

1 - 2      Walk forward right, walk forward left  
3 & 4      Rock forward right, recover weight left, step forward right  
5 - 6      Walk forward left, walk forward right  
7 & 8      Rock forward on left, recover weight on right, step back on left

**Step Back Right, ½ Turn Over Left Shoulder; Right Forward Shuffle; Step ¼ Turn Right; Cross & Step Forward**

9 - 10      Step back on right, make ½ turn over left shoulder stepping forward on left (6.00 o'clock)  
11 & 12      Shuffle forward right, stepping right/left/right  
13 - 14      Step forward on left and pivot ¼ turn right (weight on right) (9.00 o'clock)  
15 & 16      Cross left over right, step right to right side, step forward on left

**Modified Kick Ball Change x 2; Step, Point; Rock, Recover, ¼ Turn Left**

17 & 18      Kick right forward, step back on ball of right (bending knees), step on left  
19 & 20      Kick right forward, step back on ball of right (bending knees), step on left  
21 - 22      Step forward on right, point left toe to left side  
23 & 24      Rock forward on left, recover weight on right, make ¼ turn left stepping forward on left (6.00 o'clock)

**Step ½ Turn Left; Left ¼ Rock & Cross; Rock Left, Recover; Left Coaster Step (Or Full Turn Left)**

25 - 26      Step forward on right, pivot ½ turn left (weight on left) (12.00 o'clock)  
27 & 28      Making ¼ turn left, rock right to right side, recover left & cross right over left (9.00 o'clock)  
29 - 30      Rock left to left side, recover weight on right  
31 & 32      Step back on left, step right beside left, step forward on left (or full turn left)

Email: [christinec48@hotmail.com](mailto:christinec48@hotmail.com) Website: [www.christalconnections.com](http://www.christalconnections.com)