

Babes

拍数: 32 墙数: 4 级数: Intermediate / Advanced
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音乐: Babes - The Whispers : (CD: More of the Night)



(Intro: 64 counts (Start on Vocals).....(BPM 96)

Walk forward X2. Modified rocking chair. Syncopated Jazz-box. Kick-ball cross.

- 1 – 2 Walk forward on the right. Walk forward on the left.
- 3 & Rock forward on the right. Recover the weight back onto the left.
- 4 & Rock the right foot out to the right side. Recover weight back onto the left.
- 5 & Cross the right foot over the left. Step back on the left.
- 6 & Step the right foot to the right side. Cross the left foot over the right.
- 7&8 Kick the right foot to the right diagonal. Step the right foot beside the left. Cross the left over the right.

Side rock. Behind ¼ turn step. Push flick. Lock step back.

- 1 – 2 Rock the right foot out to the right side. Recover weight back onto the left.
- 3&4 Cross the right foot behind the left. Make a ¼ turn left stepping left forward. Step forward on the right.
- 5 – 6 Push forward on the ball of the left foot. Recover the weight back onto the right at the same time flick the left foot forward.
- 7&8 Step back on the left. Lock the right in front of the left. Step back on the left.

¼ turn side rock. Triple full turn. Jazz-box (with sways)

- 1 – 2 Make a ¼ turn to the right rocking right foot out to the right side (12.00). Recover weight back into the left to face previous wall (9.00).
- 3&4 Triple full turn left stepping: Right, Left, Right. (Can replace with a right shuffle)
- 5 – 6 Cross the right foot over the left. Step back on the left.
- 7 – 8 Step the right foot to the right side, Sway Hips to the right. Sway Hips to the left.

¼ turn left. ½ turn left. Coaster step. Cross rock side. Cross rock ¼ turn left.

- 1 – 2 Make a ¼ turn left stepping left forward. Make a ½ turn left stepping back on the right.
- 3&4 Step back on the left. Step the right in place next to the left. Step forward on the left.
- 5&6 Cross rock the right foot across the left. Recover weight back onto the left. Step the right to the right side.
- 7&8 Cross rock the left foot across the right. Recover weight back onto the right. Make a ¼ turn left stepping left foot forward.