

High Five

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Gary Lafferty (UK) - July 2010
音乐: I'm Headed Your Way, Jose - Chris Young : (CD: Chris Young)



Floor-splits: Closer , Tennessee Waltz Surprise , Ten Out Of Ten
16-count intro.

RIGHT SIDE-SHUFFLE , ¼ LEFT SIDE-SHUFFLE

1&2 Step to Right on Right foot , step on Left foot beside Right , step to Right on Right
3&4 Turn ¼ Left stepping to Left on Left foot , step on Right foot beside Left , step to Left on Left
 foot

BOX SHAPE : ¼ TURN , ¼ TURN , ¼ TURN , STEP LEFT

5 Turn ¼ Left , stepping Right foot to Right side
6 Turn ¼ Left , stepping Left foot to Left side
7 Turn ¼ Left , stepping Right foot to Right foot (now facing 12 o'clock starting wall)
8 Step to Left on Left foot

CROSS-ROCK , RECOVER , RIGHT SIDE-SHUFFLE

1-2 Cross-rock Right foot over Left , recover weight back onto Left foot
3&4 Step to Right on Right foot , step on Left foot beside Right , step to Right on Right foot

MODIFIED MONTEREY TURN : CROSS , POINT , ½ TURN , STOMP-UP

5-6 C ross-step Left foot over Right , point Right foot out to Right side
7-8 T urn ½ Right stepping down onto Right beside Left , stomp-up Left foot beside Right (weight
 remains on Right foot)

LEFT SHUFFLE BACK , ROCK BACK , RECOVER ; RIGHT SHUFFLE FORWARD , BRUSH , BRUSH

1&2 Step back on Left foot , step on Right foot beside Left , step back on Left foot
3-4 Rock back on Right foot , recover weight onto Left foot
5&6 Step forward on Right foot , step on Left foot beside Right , step forward on Right foot
7-8 Brush Left foot forward , brush Left foot straight back

LEFT SHUFFLE BACK , ROCK BACK , RECOVER ; HEEL & HEEL & POINT & POINT

1&2 Step back on Left foot , step on Right foot beside Left , step back on Left foot
3-4 Rock back on Right foot , recover weight onto Left foot
5& Touch Right heel forward , step on Right foot beside Left
6& Touch Left heel forward , step on Left foot beside Right
7&8 Point Right foot out to Right side , step on Right foot beside Left , point Left out to Left side

LEFT SAILOR STEP , RIGHT SAILOR STEP ; TOUCH BEHIND , UNWIND , ROCK FORWARD , RECOVER

1&2 Cross-step Left foot behind Right , step to Right on Right foot , step on Left foot in place
3&4 Cross-step Right foot behind Left , step to Left on Left foot , step on Right foot in place
5-6 Touch Left foot behind Right , unwind ½ turn over Left shoulder placing weight onto Left foot
7-8 Rock forward on Right foot , recover weight back onto Left foot

ROCK BACK , RECOVER , STEP FORWARD , ¼ TURN ; STOMP RIGHT , LEFT , APPLEJACKS!

1-2 Rock back on Right foot , recover weight onto Left foot (counts 7-8-1-2 are a rocking chair)
3-4 Step forward on Right foot , pivot ¼ turn to Left
5-6 Stomp Right foot forward , stomp Left foot beside Right (feet slightly apart)
&7 Applejack Left
&8 Applejack Right

EASIER ALTERNATIVE -- STOMP RIGHT , LEFT , HEEL SPLIT

5-6 Stomp Right foot forward , stomp Left foot beside Right (feet slightly apart)

7-8 Split heels apart , return heels to centre

START AGAIN!
