

# Vhong's Cha Cha

COPPERKNOB  
STEPSHEETS

拍数: 100      墙数: 1      级数: Phrased Improver  
编舞者: Roly Ansano (USA) - July 2010  
音乐: Cha-Cha-Cha - Vhong Navarro : (Album: Don Romantiko)



Sequence: ABCCTag-ABCCTag-ABCCCC

Intro: 8 counts from first beat

## PART A (32C)

### 1-8 FORWARD SHUFFLE, ROCK STEP, BACK SHUFFLE, ROCK STEP

1&2      Shuffle forward RLR  
3-4      Rock L forward, recover  
5&6      Shuffle back LRL  
7-8      Rock R back, recover

### 9-16 FORWARD SHUFFLE, STEP-TURN, HALF-TURN SHUFFLE, BACK ROCK

1&2      Shuffle forward RLR  
3-4      Step L forward, pivot 1/2 right  
5&6      Turn 1/2 right and shuffle LRL back  
7-8      Rock R back, recover

### 17-32 SAME ROUTINE AS ABOVE

1-16      Repeat steps 1-16

## PART B (36C)

### 1-8 LINDY BASIC

1&2      Chasse side RLR  
3-4      Rock L behind, recover  
5&6      Chasse side LRL  
7-8      Rock R behind, recover

### 9-16 LINDY BASIC

1-8      Repeat steps 1-8

### 17-24 LINDY BASIC

1-8      Repeat steps 1-8

### Styling

1-4      Sweep R hand from overhead down to right  
5-8      Sweep L hand from overhead down to left  
9-12      Draw a half-circle to right, R palm up  
13-16      Draw a half-circle to left, L palm up  
17-20      Hold hands across mouth then pull them out to sides  
20-24      Hold hands across mouth then pull them out to sides  
**25-32 FORWARD SHUFFLE, STEP-TURN, HALF-TURN SHUFFLE, BACK ROCK**  
1&2      Shuffle forward RLR  
3-4      Step L forward, pivot 1/2 right  
5&6      Turn 1/2 right and shuffle LRL back  
7-8      Rock R back, recover

### 33-36 FORWARD SHUFFLE, STEP, STEP

1&2      Shuffle forward RLR  
3-4      Step L forward, step R forward

## PART C (32C)

### 1-8 SKATE-SKATE, STEP-HOLD, CROSS-BACK, ROCK STEP

- 1-2 Step L diagonally to left, step R diagonally to right
- 3-4 Step L side, hold
- 5-6 Cross R over, step L back
- 7-8 Rock R side, recover

#### **9-24 HIP ROLLS**

- 1-4 Step on R and roll hips right-left-right, touch L in place
- 5-8 Step on L and roll hips left-right-left, touch R in place
- 9-16 Repeat 1-8

#### **25-32 SIDE-CLOSE-SIDE-TOUCH, SIDE-CLOSE-SIDE-STEP**

- 1-2 Step R side, step L together
- 3-4 Step R side, touch L together
- 5-6 Step L side, step R together
- 7-8 Step L side, step R together

#### **Styling:**

- 1-4 Sweep arms anti-clockwise (1-3), hold
- 5-8 Sweep arms clockwise(5-7), drop arms

#### **TAG (4C)**

- 1-4 Step L side and sway hips left-right-left, touch R in place

**Last Update: 20 May 2024**

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