

Pack Up Your Troubles

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 4
编舞者: Willie Brown (SCO) - July 2010
音乐: Pack Up - Eliza Doolittle

级数: Improver / Easy Intermediate



[Start on vocals]

(1-8) FORWARD ROCK, & FORWARD ROCK, & ROCKING CHAIR

1-2& Rock forward on Right, recover back on Left, close Right beside Left
3-4& Rock forward on Left, recover back on Right, close Left beside Right
5-6 Rock forward on Right, recover back on Left
7-8 Rock back on Right, recover forward on Left

(9-16) ½ PIVOT, STEP KICK, COASTER, STEP KICK

1-2 Step forward on Right, pivot ½ turn Left
3-4 Step forward on Right, kick Left foot forward
5&6 Step back on Left, close Right beside Left, step forward on Left
7-8 Step forward on Right, kick Left foot forward

(17-24) BACK TOUCH, BACK TOUCH, CHASSE, BACK ROCK

1-2 Step back on Left, touch Right beside Left
3-4 Step back on Right, touch Left beside Right
5&6 Step Left to Left side, close Right beside Left, step Left to Left side
7-8 Rock back on Right, recover forward on Left

(25-32) SIDE TOE STRUT, CROSS TOE STRUT (x2)

1-2 Touch right toe to Right side, snap Right heel down
3-4 Cross Left toe over Right, snap Left heel down (harder option; turn ½ Right on count 3)
5-6 Touch Right toe to Right side, snap Right heel down (harder option; turn ½ Right on count 5)
7-8 Cross Left toe over Right, snap Left heel down

(33-40) SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS ROCK

1-2 Rock Right to Right side, recover on left
3&4 Cross Right over left, step Left to Left side, cross Right over Left
5-6 Rock Left to Left side, recover on Right
7-8 Rock Left across Right, recover back on Right

(41-48) CHASSE, BACK ROCK, GRAPEVINE ¼ TURN

1&2 Step Left to Left side, close Right beside Left, step Left to Left side
3-4 Rock back on Right, recover forward on Left
5-6 Step Right to Right side, cross Left behind Right
7-8 Turn ¼ Right and step forward on Right, step Left to Left side

(49-56) SAILOR STEP (x2) POINT FORWARD, POINT SIDE, SAILOR STEP

1&2 Cross Right behind Left, step Left to Left side, step Right to Right side
3&4 Cross Left behind Right, step Right to Right side, step Left to Left side
5-6 Point Right toe forward, point Right toe to Right side
7&8 Cross Right behind Left, step Left to Left side, step Right to Right side

(57-64) FORWARD ROCK, SHUFFLE ½ TURN, SHUFFLE ½ TURN, SHUFFLE ½ TURN

1-2 Rock forward on Left, recover back on Right
3&4 Shuffle Left, Right, Left making ½ turn Left

5&6 Shuffle Right, Left, Right making $\frac{1}{2}$ turn Left (easier option; shuffle straight forward)
7&8 Shuffle Left, Right, Left making $\frac{1}{2}$ turn Left (easier option; shuffle straight forward)

...START AGAIN...

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