

I Wont Dance

拍数: 48 墙数: 4 级数: Improver
编舞者: Paul McAdam (UK) - July 2010
音乐: I Won't Dance - Frank Sinatra



Count in: Start on vocals

(1-8) SIDE-TOGETHER-CROSS, BACK ½ CROSS

1-4 Step left foot to left side, step right foot next to left, cross left foot over right, hold
5-8 Make a ¼ turn left and step back on right foot, make a ¼ turn left and step left foot to left side, cross right foot over left, hold

(9-16) REPEAT STEPS 1-8

(17-24) SIDE-ROCK-SWING, CROSS, ¼ TURN

1-4 Rock left foot to left side, recover weight onto right foot, cross left foot over right foot as you swing right foot up and out to right side, hold
5-8 Cross right foot over left foot, hold, make a ¼ turn right and step back on left foot, hold

(25-32) SWAY WITH CLICKS, WEAVE

1-4 Sway hips right and click fingers, sway hips left and click fingers
5-8 Step right foot to right side, cross left foot behind right, step right foot to right side, cross left foot over right

(33-40) RHUMBA BOX

1-4 Step right foot to right side, step left foot next to right, step right foot forward, hold
5-8 Step left foot to left side, step right foot next to left, step left foot back, hold

(41-48) BACK TOUCH, SWING KICK, BACK ½ TURN

1-4 Step back on right foot, hold, touch left toe back, hold
5-8 Swing kick your left foot forward, hold, step back on left foot, make a ½ right and step forward on right foot.

START AGAIN AND ENJOY!
