

Country Rock Jam

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lesley Clark (SCO) - July 2010
音乐: Hip-hop Country Rock Jam - The Xchange



Intro: 32 count, start on vocals.

Restart: On wall 7 dance first 4 counts and start again

SECTION 1: TAP, TAP, STEP RIGHT & LEFT, ROCKING CHAIR, STEP ¼ TURN, CROSS

1&2 Tap right toes forward twice (moving it slightly forward on the taps), step forward on right
3&4 Tap left toes forward twice (moving slightly forward on the taps), step forward on left
5&6& Rock forward on right, recover, rock back on right, recover
7&8 Step forward on right, ¼ turn left (weight on left), cross step right over left

SECTION 2: ¼ TURN, ¼ TURN, STEP, RIGHT LOCK STEP, LEFT LOCK STEP, STEP, PIVOT, STEP

1&2 ¼ turn right stepping back on left, ¼ turn right stepping right to right side, step forward on left
3&4 Step forward on right, lock left behind right, step forward on right
5&6 Step forward on left, lock right behind left, step forward on left
7&8 Step forward on right, ½ turn left, step forward on right

SECTION 3: SIDE, BEHIND, SIDE, INFRONT, ROCK, RECOVER, CROSS, ¼ TURN, STEP, COASTER STEP

1&2 Step left to left side, step right behind left, step left to left side
&3&4 Cross step right over left, rock out to left side, recover on right cross step left over right
5-6 ¼ turn left stepping back on right, step back on left
7&8 Step back on right, step left next to right, step forward on right

SECTION 4: LUNGE, RECOVER, SAILOR ¼ TURN LEFT, RIGHT LOCK STEP, LEFT LOCK STEP, HOLD

1-2 Lunge out to left side, recover on right
3&4 Sweep left out turning ¼ left, step right to right side, step forward on left
5&6 Step forward right, lock left behind, step forward on right
&7&8 Step forward on left, lock right behind left, step forward on left, HOLD (fling your arms up shoulder height)

Start Again.....Happy Dancing.....
