# On The Ridge

1&2&

3&4

7&8

1-2

3-4

5&6

7&8

1-2

&3&4

&5-6

7-8

1&2

3-4

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7&8

1-2

3&4

5&6

7&8

&1-2

3-4

5&6&



拍数: 44 墙数: 4 级数: Intermediate 编舞者: Maureen Rowell (UK) & John "Grrowler" Rowell (UK) - May 2010 音乐: Up On the Ridge - Dierks Bentley: (CD: "Up On The Ridge" & "CDX Vol 498" -3:38) Intro: 5s-16 counts-12 s (Main Vocals), 115 BPM Rotation: CCW Numbers in square brackets [] indicate facing wall and turn rotation. Start facing [12] (1-8) Right Heel-Hook. Heel Hook. Right Shuffle Forward. Left Heel-Hook, Heel Hook. Left Shuffle Forward (1)Tap right heel forward, (&)hook heel across left shin, (2)Tap right heel forward, (&)hook heel across left shin [12] (3) Step forward right, (&) step left next to right, (4) step forward right. [12] (5)Tap left heel forward, (&)hook heel across right shin, (6)Tap left heel forward, (&)hook heel across right shin [12] (7) Step forward left, (&) step right next to left, (4) step forward left. [12] (9-16) Right Rock-Recover. Full Turn Back. Right Coaster Step. Three Stomps Forward (1)Rock right forward, (2)recover on left [12] (3)Half turn right stepping forward right, (4)half turn right stepping back left [CW,12] (5)Step back right, (&)step left next to right, (6)step forward right [12] (7)Stomp forward left, (&)stomp forward right (8)stomp forward left [12] (17-24) Brush Forward - Back. Syncopated Weave To Right. Cross Rock-Recover. Three Quarter Turn Left (1)Brush right in front of left to left diagonal, (2)brush right back to right diagonal [12] (&)Step right to right and slightly back,(3)cross left in front of right, (&)step right to right,(4)cross left behind right, [12] (&)Step right to right, (5)cross rock left over right, (6)recover on right [12] (7) Turn quarter left stepping left forward, (8) turn half left stepping right back [CCW, 9] (25-32) Left Coaster Step. Walk Right-Left. Step-Turn Step. Left -Together-Cross (1)Step left back, (&)step right next to left, (2)step left forward [9] (3)Step forward right, (4)step forward left [12] (5) Step forward right, (&) pivot half turn left [CCW], (6) step forward right [3] (7)Step left to left, (&)step right next to left, (8)step left slightly across front of right [3] (33-40) Heels Left-Centre. Left-Centre-Left. Behind-Side-Cross. Point Right & Left Heel (1) Swivel both heels to left, (2) swivel both heels to centre [3] (3) Swivel both heels to left, (&) swivel both heels to centre, (4) swivel both heels to left [3] (5)Step left behind right, (&)step right to right, (6)step left across in front of right [3] (7) Tap right toe to right, (&) step right next to left, (8) tap left heel forward [3] (41-44) & Jazz Box -Step Forward (&)Step left next to right, (1)cross right over left, (2)step left to left and slightly back [3] (3)Step right to right, (4)step left forward [3]

#### Tag # 1. At the end of wall 4 (facing 12 o'clock)

Start again.....with a BIG smile

## (1-8) Heel - Toe, Ball Change - Step. Rock - Recover, Triple Full Turn Left

1-2 (1)Touch right heel forward, (2)touch right toe back [12]

&3-4 (&)Step right foot in place. (3)step on ball of left. (4)step right forward [12] 5-6 (5)Rock forward on left, (6)recover on right [12] 7&8 Triple full turn left in place stepping L,R.L. [12]

### (2-16) Cross-Step. Behind-Side-Cross. Side Rock – Recover. Cross Shuffle

(1)Step right across left, (2)step left to left [12]

3&4 (3)Step right behind left, (&)step left to left, (4)cross step in front of left [12]

5-6 (5)Rock left to left. (6)recover on right [12]

7&8 (7)Cross step left over right, (&)step right to right, (8) cross step left over right [12]

(Alternative: Full rolling turn right, turning L.R. Cross L.)

## Tag # 2 At the end of wall 6 (facing 6 o'clock) First eight counts of Tag # 1

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