Singing With Angels



编舞者: Pam Cassells (AUS) - August 2009

音乐: Singing With Angels (Nashville Mix) - Suzi Quatro: (CD Single)



Start Position: Feet together - with weight on L foot.

Starts on vocals - 32 counts in

FORWARD, TOGETHER, BACKWARD COASTER, FORWARD TOGETHER, BACKWARD COASTER.

1,2 Step R forward, drag L up to and beside R - weight on L,

3&4 R backward coaster step – step R back, step L beside R, step R forward,

5,6 Step L forward, drag R up to and beside L - weight on R,

7&8 L backward coaster step – step L back, step R beside L, step L forward,

HIP, HIP, SHUFFLE FORWARD, HIP, HIP, SHUFFLE FORWARD.

1,2 Push hips R, L,

3&4 R shuffle forward – stepping R, L, R,

5,6 Push hips L, R,

7&8 L shuffle forward – stepping L, R, L, **

RESTART ON WALL THREE (3) AFTER 1ST 16 COUNTS

ROCK R, ROCK L, R CROSS SHUFFLE, ROCK L, TURN 90 DEGREES L STEP R BACK, COASTER STEP.

1,2 Step/rock R to R side, rock/replace weight onto L,
 3&4 Travelling L – R cross shuffle – stepping R, L, R,

5,6 Step/rock L to L side, rock/replace weight turning 90 degrees L – stepping R back,
 7&8 L backward coaster step – step L back, step R beside L, step L forward, (9:00 wall)

CROSS, UNWIND, SHUFFLE FORWARD, CROSS, UNWIND, SHUFFLE FORWARD.

1,2 Cross R over L, unwind 180 degrees L – weight on L,
3&4 R shuffle forward – stepping R, L, R, (3:00 wall)
5,6 Cross L over R, unwind 180 degrees R – weight on R,
7&8 L shuffle forward – stepping L, R, L, (9:00 wall)

CROSS, POINT, CROSS SHUFFLE, ROCK R, ROCK L, 90 DEGREE R TURNING SAILOR.

1,2 Step R across in front of L, touch L to L side,
3&4 Travelling R – L cross shuffle – stepping L, R, L,
5,6 Step/rock R to R side, rock/replace weight onto L,

7&8 90 degree R turning sailor step – stepping R, L, R, (12:00 wall)

ROCK L, ROCK R, BEHIND, SIDE, CROSS, ROCK R, ROCK L, 180 DEGREE R TURNING SAILOR.

1,2 Step/rock L to L side, rock/replace weight onto R,

3&4 Step L behind R, step R to R side, step L across in front of R,

5,6 Step/rock R to R side, rock/replace weight onto L,

7&8 180 degree R turning sailor step – stepping R, L, R, (6:00 wall)

STEP FORWARD, TAP, SHUFFLE BACK, ROCK BACK, FORWARD, SHUFFLE FORWARD.

1,2 Step L forward, tap R beside L,3&4 R shuffle back – stepping R, L, R,

5,6 Step/rock back on L, rock/replace weight forward onto R,

7&8 L shuffle forward – stepping L, R, L,

ROCK R, L, BEHIND, SIDE, CROSS, ROCK L, R, BEHIND, SIDE, CROSS.

1,2 Step/rock R to R side, rock/replace weight onto L,

3&4 Step R behind L, step L to L side, step R across in front of L,
1,2 Step/rock L to L side, rock/replace weight onto R,
3&4 Step L behind R, step R to R side, step L across in front of R,

REPEAT DANCE IN NEW DIRECTION

Restart: ** On wall (3) – dance 1st 16 counts and restart from the beginning. ** You will be facing front wall.

Tag 1: End of wall 4 – facing back wall – 2 hip bumps R, L.

Tag 2: End of wall 5 - facing front wall -

1,2 Step R forward, touch L beside R and click R fingers shoulder high,

3,4 Step L back, touch R beside L and click R fingers shoulder high.

Pam Cassells - ph: 0429 640 510