

# Burn It Up

COPPERKNOB  
BY STEPHEN HETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Robbie McGowan Hickie (UK) & Ria Vos (NL) - June 2010  
音乐: Burn It Up - Jessie James



## 32 Count intro – Start on Vocals

### Cross Rock. & Cross. 1/4 Turn Left. Back Rock. Full Turn Right.

- 1–2      Cross rock Right over Left. Rock back on Left.  
&3–4      Step ball of Right beside Left. Cross step Left over Right. Make 1/4 turn Left stepping back on Right.  
5–6      Rock back on Left. Rock forward on Right. (Facing 9 o'clock)  
7–8      Make 1/2 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right.

### 1/4 Turn Right. Drag. Ball-Cross. Right Kick-Ball-Cross. Side Step Right. Left Sailor 1/2 Turn Left.

- 1–2      Make 1/4 turn Right stepping Left Long step to Left side. Drag Right towards Left. (Weight on Left)  
&3      Step ball of Right beside Left. Cross step Left over Right. (Facing 12 o'clock)  
4&5      Kick Right Diagonally forward Right. Step ball of Right beside Left. Cross step Left over Right.  
6      Step Right to Right side.  
7&8      Cross Left behind Right. Make 1/2 turn Left stepping Right beside Left. Step forward on Left.

### Step Forward. Hold. & Walk. 1/4 Turn Right. Behind & Cross. Left Side Rock & Cross.

- 1–2      Step forward on Right. Hold. (Facing 6 o'clock)  
&3–4      Step ball of Left beside Right. Walk forward on Right. Make 1/4 turn Right stepping Left to Left side.  
5&6      Cross Right behind Left. Step Left to Left side. Cross step Right over Left. (Facing 9 o'clock)  
7&8      Rock Left out to Left side. Recover weight on Right. Cross step Left over Right.

### 1/4 Turn Left. Shuffle 1/2 Turn Left. Forward Rock. Right Sailor 1/4 Turn Right with Press. Hitch.

- 1      Make 1/4 turn Left stepping back on Right.  
2&3      Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 12 o'clock)  
4–5      Rock forward on Right. Rock back on Left.  
6&7      Cross Right behind Left. Make 1/4 turn Right stepping Left beside Right. Press/Lung forward on Right.  
8      Recover weight on Left whilst hitching Right knee up. (Facing 3 o'clock)

### Step Back. Left Coaster Step. Sweep with 1/4 Turn Left. Cross. Hold. & Cross. 1/4 Turn Left.

- 1-2&3      Step back on Right. Step back on Left. Step Right beside Left. Step forward on Left.  
4      Sweep Right out and around from back to front making 1/4 turn Left.  
5–6      Cross step Right over Left. Hold. (Facing 12 o'clock)  
&7–8      Step Left to Left side. Cross step Right over Left. Make 1/4 turn Left stepping forward on Left.

### Cross Rock & Side. Cross Rock & 1/4 Turn Left. Full Turn Left. Right Lock Step Forward.

- 1&2      Cross rock Right over Left. Rock back on Left. Step Right to Right side. (Facing 9 o'clock)  
3&4      Cross rock Left over Right. Rock back on Right. Make 1/4 turn Left stepping forward on Left.  
5–6      Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.  
7&8      Step forward on Right. Lock step Left behind Right. Step forward on Right. (Facing 6 o'clock)

### Forward Rock. & Diagonal Step Back. Touch. Monterey 1/2 Turn Right. Left Side Rock & Cross. Side.

- 1–2      Rock forward on Left. Rock back on Right.  
&3      Jump/Step Left Diagonally back Left. Touch Right toe beside Left.

- 4-5 Point Right toe out to Right side. Make 1/2 turn Right stepping Right beside Left.  
6&7 Rock Left out to Left side. Recover weight on Right. Cross step Left over Right.  
8 Step Right to Right side. (Facing 12 o'clock)

**Back Rock. 1/4 Turn Right. 1/2 Turn Right. Forward Rock. Recover with Hitch. Left Coaster Step.**

- 1-2 Rock back Left behind Right. Rock forward on Right.  
3-4 Make 1/4 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right.  
5-6 Rock forward on Left. Recover weight on Right whilst hitching Left knee up.  
7&8 Step back on Left. Step Right beside Left. Step forward on Left. (Facing 9 o'clock)

**Start Again**

**TAG: 8 Count Tag (END Of Wall 2)**

**Forward Rock. & Heel Dig. Hold. & Step. Pivot 1/2 Turn Left x2.**

- 1-2 Rock forward on Right. Rock back on Left. (Facing 6 o'clock)  
&3-4 Step Right Diagonally back Right. Dig Left heel Diagonally forward Left. Hold.  
&5-6 Step Left back to place. Step forward on Right. Pivot 1/2 turn Left.  
7-8 Step forward on Right. Pivot 1/2 turn Left.
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