

Rock-A-Pop

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Diana Dawson (UK) - June 2010
音乐: Let's Get Loud - The Baseballs : (CD: Strike)



64 count intro – start on “...If you want to live...” - dance ends facing front wall
CCW Direction.

Section 1: KICK, KICK, STEP BACK, TOE BACK, STEP FORWARD, KICK, CROSS, TAP,

1-2 1-2 Kick right foot forward twice
3-4 Step back on right foot, touch left back
5-6 5-6 Step forward on left foot, kick right foot forward
7-8 Cross step right over left, tap left toe behind right foot (bending knees)

Section 2: LEFT BACK, LOCK, BACK, KICK, RIGHT COASTER STEP,

1-2 Step back on left, lock right up to left,
3-4 Step back on left, kick right forward
5-6 Step back on right, step left beside right,
7-8 7-8 Step forward on right, hold

Section 3: STEP, PIVOT QUARTER RIGHT, STEP, STEP, PIVOT HALF TURN LEFT, STEP

1-2 Step forward on left, pivot quarter turn right, [3:00]
3-4 3-4 Step left forward, hold
5-6-7-8 Step forward on right, pivot half turn left, step forward on right, hold [9:00]

Section 4: TOE STRUTS FORWARD, RUN FORWARD

1-2 Touch left toe forward, snap heel to floor
3-4 Touch Right toe forward, snap heel to floor
5-6-7-8 Run forward stepping Left, Right, Left, Hold

Begin again
