

Fifteen Minutes

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 1 级数: Beginner Plus
编舞者: Karen Tripp (CAN) - June 2010
音乐: 15 Minutes - Rodney Atkins



Start on the word "Smokin", which is 38 seconds into the song

FORWARD TOUCH, BACK TOUCH, SIDE TOGETHER, ¼ RIGHT WITH BRUSH

1-2 Step forward on R, touch L next to R
3-4 Step back on L, touch R next to L
5-6 Step R to R side, step L next to R
7-8 ¼ turn R stepping forward on R, brush L foot forward

LEFT FORWARD LOCK FORWARD W/ BRUSH, STEP KICK TWICE

1-2 Step forward on L, lock R behind L
3-4 Step forward on L, brush R forward
5-6 Step R to R side, kick L over R
7-8 Step L to L side, kick R over L

JAZZ BOX W/ RIGHT, JAZZ BOX W/ L TURNING ¼ LEFT

1-2 Cross R over L, step back on L
3-4 Step R to R side, kick L over R
5-6 Cross L over R, step back on R
7-8 Step back on L turning ¼ L, kick R

STEP TOUCH, SIDE SHUFFLE, ROCK RECOVER, KICK BALL CHANGE

1-2 Step R to R side, touch L beside R
3&4 Step L to L side, close R beside L, step L to L side
5-6 Rock back on R, recover on L
7&8 Kick forward with right, recover on ball of right foot, step on L

Can substitute kick ball change for 2 evenly timed forward walk steps.

REPEAT

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