

Buleria

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Francien Sittrop (NL) - June 2010
音乐: Bulería - David Bisbal : (Album :David Bisbal 2006 - 4:13)



Intro : Start after 27 Sec. On Vocals

(1 – 8) Side, Together, Side Shuffle, Cross Rock , Recover, Sweep Sailor Step ¼ L

1 – 2 Step R to R side, Step L next to R
3 & 4 Step R to R side, Step L next to R, Step R to R side
5 – 6 Rock L across R, Recover on L
7 & 8 Sweep L behind R ¼ Turn L, Step R to R side, Step L to L side (9.00)

(9-16) Rock fwd, Recover, Coaster Step, Step, Lock , Lock Step fwd

1 – 2 Rock R fwd, Recover on L
3 & 4 Step R Back, Step L next to R, Step R fwd
5 – 6 Step L fwd, Lock R behind L
7 & 8 Step L fwd , Lock R behind L, Step L fwd

(17-24) Rock fwd, Recover , Full Turn R , ¼ R Side Shuffle, Cross Rock, Recover

1 – 2 Rock R fwd, Recover on L
3 – 4 ½ Turn R step R fwd, ½ Turn L Step L back (9.00)
5 & 6 ¼ Turn R into side shuffle R,L,R (12.00)
7 – 8 Rock L across R , Recover on R

(25-32) Side, Together, Side Shuffle, Heel Touches fwd, Ball Cross, Hold

1 – 2 Step L to L side, Step R next to L
3 & 4 Step L to L side, Step R next to L , Step L to L side,
5 – 6 Touch R Heel Across L, Touch R heel Diag R fwd
&7-8 Step R next to L, Step L across R, Hold **** Restarts wall 1 & 3

(33-40) Side, Together, Side Shuffle ¼ R, Pivot ½ Turn R, Lock Step fwd

1 – 2 Step R to R side, Step L next to R
3 & 4 Step R to R side, Step L next to R, ¼ Turn R Step R Fwd
5 – 6 Step L fwd, ½ Turn R (9.00)
7 & 8 Step L fwd , Lock R behind L, Step L fwd

(41-48) Mambo Fwd, Mambo back ¼ Turn R, Step fwd, Lock, Lock Step ½ Turn R

1 & 2 Rock R fwd, Recover on L. Step R Back(make 1/8 Turn R)
3 & 4 Rock L back, Recover on R , Step L fwd(Make 1/8 Turn R) (12.00)
5 – 6 Step R fwd. with ¼ Turn R, Lock L behind R
7 & 8 Step R fwd , Lock L behind R, Step R fwd while making ¼ Turn R (6.00)

(49-56) Cross, Side, Behind, Side, Cross, Rock Recover, Behind, ¼ L step fwd, Step fwd

1 – 2 Sweep L across R, Step R to R side
3 & 4 Step L behind R, Step R to R side, Step L across R
5 – 6 Rock R to R side, Recover on L
7 & 8 Step R behind L, ¼ Turn L step L fwd, Step R fwd

(57-64) Step fwd, Pivot ½ Turn R, Shuffle ½ Turn x2, Stomp fwd, Tap

1 – 2 Step L fwd, ½ Turn R (9.00)
3 & 4 Shuffle ½ Turn R with L,R,L (3.00)

5 & 6 Shuffle ½ Turn R with R.L.R (9.00)

7 – 8 Step L fwd with Stomp, Tap R next to L (Weight Stays on L) ****after wall 7 Add 4 count Tag

Restart:

During Wall 1 after 32 Counts add 4 Stomps R,L,R,L and Start again with count 1.

During Wall 3 after 32 Counts and Start again with count 1

Tag:

After Wall 7 Add 4 Stomps R,L,R,L and Start again with count 1

Option: You can put your arms up like a Spanish dancer when you do the Stomps. Olé

Website: www.franciensittrop.nl
