

The Bug Dance

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Francien Sittrop (NL) - June 2010
音乐: Do the Bug with Me - Billy Bland



Intro : Start after 16 counts

(1 – 8) Tap with Bounces x2

1 – 4 Tap R to R side, Bounce 3 times
5 – 8 Tap L to L side, Bounce 3 times

(9-16) Jump back with Claps x2, Walk full Turn R, Hold

&1-2 Jump Both feet back, Clap hands
&3-4 Jump Both feet back, Clap hands
5 – 8 Walk full round to backwards with R,L,R, Hold ****Restart here

(17-24) Hip Bumps , Hold x2

1 – 4 Step L fwd with Hip bumps L,R,L, Hold
5 – 8 Step R fwd with Hip bumps R,L,R, Hold

(25-32) Rock fwd, ¼ Turn R x2 , Side , Touch, Side, Touch

1 – 2 Rock L fwd, ¼ Turn R and Recover on R
3 – 4 Rock L fwd, ¼ Turn R and Recover on R (6.00)
5 – 6 Step L to Left side, Touch R Diag fwd
7 – 8 Step R to R side, Touch L Diag fwd

(33-40) Side Shuffle L, Rock Back, Recover, Heel Ball Cross, Heel Ball Cross

1 & 2 Step L to L side, Step R next to L, Step L to L side
3 – 4 Rock R back , Recover on L
5 & 6 Touch R heel fwd, Step R down, Step L across R
7 & 8 Touch R heel fwd, Step R down, Step L across R

(41-48) Side Shuffle R , Behind, ¼ Turn R, Step fwd, Pivot ½ Turn R, Step Fwd, Hold

1 & 2 Step R to R side, Step L next to R, Step R to R side
3 – 4 Step L behind R, ¼ Turn R and step R fwd(9.00)
5 – 6 Step L fwd, Pivot ½ Turn R (3.00)
7 – 8 Step L fwd, Hold

Restart:

During the 5th wall after count 16 start again with count 1 but instead of starting with R, you start with your L.
He sings : Your L foot up.

The rest of the dance is the same as written

Website: www.franciensittrop.nl