

Picture This

拍数: 32 墙数: 2 级数: Intermediate
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音乐: If We Say Goodbye - Pete Redfern



Music available as a free download: www.peteredfern.com

32 count intro

(1-9) STEP SLIDE & CROSS/ RIGHT CHASSE/CROSS ROCK/ CHASSE ¼ TURN

- 1-2 Step Left to Left side, slide Right next to Left
&3 Step on ball of Right, cross Left over Right
4&5 Step Right to Right side, step on ball of Left, step Right to right side
6-7 Cross rock Left over Right, recover on Right
8&1 Step Left to Left side, step on ball of Right, ¼ turn Left stepping FWD on Left. 9 o'clock

(10-17) ROCKING CHAIR/STEP HOLD/ ½ TURN/SHUFFLE BACK

- 2-3 Rock FWD on Right, recover on Left
4-5 Rock back on Right, recover on Left
6-7 Step FWD on Right, Hold
8&1 Pivot ½ turn Right on ball of Right & shuffle back on L R L 3 o'clock

(18-24) COASTER STEP/DIAGONALCROSS STEPS / ROCK ½ TURN/DIAGONAL LOCK STEP

- 2&3 Step back on Right, step Left beside Right, step FWD on Right
4-5 Moving Fwd cross Left over Right, Right Diagonal, and Right over Left, Left Diagonal
6&7 Rock FWD on Left, step on ball of Right, ½ turn Left, stepping FWD on Left
8&1 Lock step FWD on Left Diagonal on R L R. 9 o'clock

(25-32) DIAGONAL LOCK STEP/MAMBO STEP/1/4 TURN SWAY/ SIDE TOG

- 2&3 Lock step FWD on Right Diagonal on L R L
4&5 Still facing Right diagonal, Rock FWD on Right step on ball of Left, step back on Right 9 o'clock
6-7 Step Left to Left side ¼ turn Left & sway hips Left, step on Right to Right side & sway hips Right
8& Step Left to Left side, step on ball of Right. (Completing the cha on count 1 to start the dance again) 6 o'clock.

START OVER