

Afri-Cup

COPPER KNOB
BYEPOSTETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Shanthie De Mel (AUS) - June 2010
音乐: Wavin' Flag - K'naan : (CD Single. Fifa World Cup Anthem - 3:36)



Begin: Wt on L. 28 count intro of drums & vocal. Start on lyrics – “Give me freedom”

This dance is dedicated to the Socceroos of Australia, & to the 32 Finalists of the 19th Fifa World Cup, who united in comradeship in June 2010 in South Africa, to entertain the world.

(1-8) STOMP- CLAP, HOLD, SCUFF- BALL- CHANGE X2

1, 2 Stomp R fwd clapping hands, hold
3&4 Scuff L fwd, step on ball L, change wt to R
5, 6 Stomp L fwd clapping hands, hold
7&8 Scuff R fwd, step on ball R, change wt to L. (12:00)

(9-16) TOE- STRUT BACK X KICK X2, SIDE, SIDE

1&2& Step R toe back, drop R heel, step L toe back, drop L heel
3&4& Step R toe back, drop R heel, step L toe back, drop L heel
5&6& Step R toe back, drop R heel, step L toe back, drop L heel
7, 8 Turning 1/4 right step R to right side, step L to left side. (3:00)

(Optional - click fingers at waist level from side to side on toe-strut side)

(17-24) CROSS, 1/2 TURN RIGHT , BACK, SLIDE, MAMBO LEFT

1, 2 Cross R over L, turning 1/4 right step back on L (6:00)
3, 4 Turning 1/4 right step fwd on R, step L to right side (9:00)
5, 6 Step R back, slide L to R
7&8 Rock L back, return R, step L fwd. (9:00)

(25-32) SIDE, BACK X6, SIDE, RETURN (take small steps back)

1&2& Point R to right side, step R back, point L to left side, step L back
3&4& Point R to right side, step R back, point L to left side, step L back
5&6& Point R to right side, step R back, point L to left side, step L back
7, 8 Rock R to right side, return L. (9:00)

(33-40) MONTEREY 1/4 RIGHT X2, ROCKING CHAIR, SIDE, RETURN

1& Touch R to right side, turning 1/4 right step R together (12:00)
2& Touch L to left side, step L next to R
3&4 Touch R to right side, turning 1/4 right step R together, step L to left side (3:00)
5&6& Rock fwd R, return L, rock R back, return L
7, 8 Rock R to right side, return L. (3:00)

(41-48) JAZZ BOX X2, ROCKING CHAIR, SIDE, HOLD

1&2& Cross R over L, step L back, step R to right side, step L together
3&4 Cross R over L, step L back, step R to right side
5&6& Rock fwd L, return R, rock L back, return R
7*, 8 Turning 1/4 right step L to left side, hold. (6:00)

Ending- optional. On count 47* of last wall (5), 1/4 turn left to face 12:00