

Haunted

拍数: 32
编舞者: Paul McAdam (UK) - June 2010
音乐: Haunted - Ben Montague : (3:35)

墙数: 2

级数: Intermediate NC2S



Count in: 16 Counts from start of track on lyric "All"

(1-8) SIDE BASIC, DIAGONAL, CROSS FULL TURN, SIDE, COASTER STEP, STEP ½ PIVOT

- 1,2& Step left foot to left side, close right foot behind left, step left foot across right foot
3,4& Step right foot forward to right diagonal, cross left foot over right foot, unwind a full turn right, taking weight on right foot
5,6&7 Step left foot to left side, step right foot back, step left foot next to right foot, step right foot forward
8& Step forward on left foot, pivot ½ turn right taking weight on right foot

(9-16) STEP, SPIRAL FULL TURN, GRADUAL ¼ TURN RUN R,L,R, BACK, L,R,L, ROLL FULL TURN, SIDE, CROSS

- 0a 1 Step forward on left foot, pivot a full spiral turn right, (weight stays on left foot throughout)
2&3 Gradually making a ¼ turn right walk forward right, left, right
4&5 Walk back left, right, left
6&7 Make a ¼ turn right step forward on right, make a ½ turn right and step back on left, make a ¼ turn right and step right foot to right side
8& Step left foot to left side, cross right foot over left

(17-24) SIDE BASIC X2 WITH ¼ TURN, SIDE ROCK CROSS WEAVE, SWEEP, BEHIND ¼ TURN

- 1,2& Step left foot to left side, close right foot behind left, make a ¼ turn left and step left foot forward
3,4& Step right foot to right side, close left foot behind right, cross right foot over left
5&6& Rock left foot to left side, recover weight onto right, cross left foot over right, step right foot to right side
7,8&1 Cross left foot behind right and sweep right foot back, cross right foot behind left, make a ¼ turn left and step forward on left, step forward on right

(25-32) 2 SLOW WALKS FORWARD, BACK LOCK ½ SWEEP, 1& ¼ TURN RIGHT, SWEEP, CROSS ½ TURN

- 2,3 Slow walk forward left, right
4&5 Step back on left foot, lock right foot over left foot, step back on left foot and pivot a ½ turn right whilst sweeping right foot back
6&7& Step forward on right foot, make a ½ turn right and step back on left foot, make a ½ turn right and step forward on right foot, sweep left foot round into ¼ turn right (12.00)
8&1 Cross left foot over right foot, make a ¼ turn left and step back on right foot, make a ¼ turn left and step left foot to left side to start dance again.

RESTART

On the 3rd wall after counts 6&7 (coaster step) touch left toe next to right, then start the dance again.