

Bonamana

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Bonamana - SUPER JUNIOR



Note: 32 counts, start on main vocal

R DOROTHY, L DOROTHY, FUNKY WALKS

1-2& Step forward Rt diagonally, step Lt behind Rt, step forward Rt diagonally
3-4& Step forward Lt diagonally, step Rt behind Lt, step forward Lt diagonally
5-6 Step forward Rt and push Rt knee slightly out, step forward Lt and push Lt knee slightly out
7-8 Repeat counts 5-6

R SAMBA, L SAMBA, CROSS, ¼ R, ¼ R SIDE CHA CHA

1&2 Cross Rt over Lt, step Lt to Lt, step Rt in place
3&4 Cross Lt over Rt, step Rt to Rt, step Rt in place
5-6 Cross Rt over Lt, ¼ Rt step back Lt
7&8 ¼ Rt step Rt to Rt, step Lt next to Rt, step Rt to Rt

CROSS, POINT & POINT, ¼ L, L COASTER, FORWARD CHA CHA

1 Cross Lt over Rt
2&3 Point Rt to Rt, step Rt next to Lt, point Lt to Lt
4 Pivot ¼ Lt (weight on Rt)
5&6 Step back Lt, step Rt next to Lt, step forward Lt
7&8 Step forward Rt, step Lt behind Rt, step forward Rt

STEP, SCUFF, STEP, SCUFF, FORWARD ROCK, ½ L CHA CHA

1-2 Step forward Lt, scuff Rt
3-4 Step forward Rt, scuff Lt
5-6 Rock forward Lt, recover on Rt
7&8 ¼ Lt step Lt to Lt, step Rt next to Lt, ¼ Lt step forward Lt

SHOULDER POPS R, SHOULDER POPS L

1& Step Rt to Rt and pop shoulders to Rt, return to center
2& Pop shoulders to Rt, return to center
3& Pop shoulders to Rt, return to center
4 Pop shoulders to Rt
5& Pop shoulders to Lt, return to center
6& Pop shoulders to Lt, return to center
7& Pop shoulders to Lt, return to center
8 Pop shoulders to Lt

CROSS, SIDE, BEHIND & HEEL, & CROSS, SIDE, BEHIND & HEEL

1-2 Cross Rt over Lt, step Lt to Lt
3&4 Step Rt behind Lt, step back Lt diagonally, touch forward Rt heel diagonally,
&5-6 Step Rt next to Lt, cross Lt over Rt, step Rt to Rt
7&8 Step Lt behind Rt, step back Rt diagonally, touch forward Lt heel diagonally

& CROSS, HOLD, & CROSS CHA CHA, ¼ R, ¼ R, ¼ R SIDE, TOUCH

&1-2 Step Lt next to Rt, cross Rt over Lt, hold
&3&4 Step Lt to Lt, cross Rt over Lt, step Lt to Lt, cross Rt over Lt
5-6 ¼ Rt step back Lt, ½ Rt step forward Rt

7-8 ¼ Rt step Lt to Lt, touch Rt next to Lt

SIDE, TOGETHER, SIDE ROCK CROSS, SIDE, TOGETHER, SIDE ROCK CROSS

1-2 Step Rt to Rt, step Lt next to Rt

3&4 Rock Rt to Rt, recover on Lt, cross Rt over Lt

5-6 Step Lt to Lt, step Rt next to Lt

7&8 Rock Lt to Lt, recover on Rt, cross Lt over Rt

REPEAT

RESTART

On wall 3, dance to count 32, then restart dance.

TAG

After wall 5, do the following, then restart dance.

R DOROTHY, L DOROTHY

1-2& Step forward Rt diagonally, step Lt behind Rt, step forward Rt diagonally

3-4& Step forward Lt diagonally, step Rt behind Lt, step forward Lt diagonally
