

All About You

COPPER KNOB
BY STEPHEN

拍数: 68 墙数: 4 级数: Intermediate
编舞者: Linda Wolfe (AUS) - June 2010
音乐: It's All About You - Juliana Pasha : (CD: Eurovision Song Contest 2010 - 2:56)



20 Count Intro

Heel. Together. Toe Point. Together. Heel. Together. Step. Pivot 1/2 Turn Right. Forward Rock. 1/2 Turn Left.

- 1&2& Touch Right heel forward. Step Right beside Left. Point Left toe out to Left side. Step Left beside Right.
3&4 Touch Right heel forward. Step Right beside Left. Step forward on Left.
5 – 6 Pivot 1/2 turn Right. (Weight on Right) Rock forward on Left. (Facing 6 o'clock)
7 – 8 Rock back on Right. Make 1/2 turn Left stepping forward on Left. (Facing 12 o'clock)

Step. Pivot 1/2 Turn Left. Right Shuffle Forward. Full Turn. Left Shuffle Forward.

- 1 – 2 Step forward on Right. Pivot 1/2 turn Left. (Facing 6 o'clock)
3&4 Right shuffle forward stepping Right. Left. Right. ## First Restart here – see notes.
5 – 6 Turn 1/2 turn Right stepping back on Left. Turn 1/2 turn Right stepping forward on Right. (Facing 6 o'clock)
7&8 Left shuffle forward stepping Left. Right. Left.

Cross Rock. Side Step. Cross Rock. Side Step. Step. Pivot 3/4 Turn Left. Side Rock.

- 1-2& Cross rock Right over Left. Rock back on Left. Step Right to Right side.
3-4& Cross rock Left over Right. Rock back on Right. Step Left to Left side.
5 – 6 Step forward on Right. Pivot 3/4 turn Left. (Facing 9 o'clock)
7 – 8 Rock Right to Right side. Recover weight on Left.

Cross. Side. Behind. Side Step. Heel Ball Cross. 1/4 Turn Left. 1/2 Turn Left Shuffle Forward.

- 1 – 2 Cross step Right over Left. Step Left to Left side.
3& Cross Right behind Left. Step Left to Left side.
4& Dig Right heel Diagonally forward Right. Step ball of Right beside Left.
5 – 6 Cross step Left over Right. Make 1/4 turn Left stepping back on Right. (Facing 6 o'clock)
7&8 Make 1/2 Left shuffling forward Left. Right. Left. (Facing 12 o'clock) ### Second Restart here.

Right Side Rock. Together. Left Side Rock. Hinge 1/2 Turn Left. Left Side Shuffle. Right Heel-Ball-Step.

- 1-2& Rock Right to Right side. Rock Left to Left side. Step Right beside Left.
3 – 4 Rock Left to Left side. Rock Right to Right side.
&5&6 Hinge 1/2 turn Left stepping Left to Left side. Close Right beside Left. Step Left to Left side. (6 o'clock)
7&8 Dig Right heel forward. Step ball of Right beside Left. Step forward on Left.

Pivot 1/2 Turn Left x 2. Forward Rock. Full Turn Back Right.

- 1 – 2 Step forward on Right. Pivot 1/2 turn Left. (Facing 12 o'clock)
3 – 4 Step forward on Right. Pivot 1/2 turn Left. (Facing 6 o'clock)
5 – 6 Rock forward on Right. Rock back on Left.
7 – 8 Make 1/2 turn Right stepping forward on Right. Make 1/2 turn Right stepping back on Left. (6 o'clock)

1/2 Turn Shuffle Right. Step. Pivot 1/2 Turn Right. Step. Touch. Step. Kick. (Click)

- 1&2 Make a 1/2 turn Right shuffling forward Right. Left. Right. (Facing 12 o'clock)
3 – 4 Step forward on Left. Pivot 1/2 turn Right. (Facing 6 o'clock)
5 – 6 Step forward on Left. Tap Right toe behind Left.

7&8 Step back on Right. Kick Left forward. (Click fingers at head height both sides)

Left Coaster Step. 1/4 Pivot Left. Cross. Back. Back. Cross. 1/4 Turn Left x 2. Stomp. Stomp.

1&2 Step back on Left. Step Right beside Left. Step forward on Left.

3 – 4 Step forward on Right. Pivot 1/4 turn Left. (Facing 3 o'clock)

5 – 6 Cross Right over Left. Step back on Left.

7 – 8 Step back on Right. Cross Left over Right

9 – 10 Make 1/4 turn Left stepping back on Right. Make 1/4 turn Left stepping forward on Left.
(Facing 9 o'clock)

11 – 12 Stomp Right beside Left. Stomp Left beside Right.

Start Again

To fit within the phrasing of the music, the following restarts are required:

First Restart – Occurs after 12 counts on Wall 3 (Facing 6 o'clock). Replace Right Shuffle Forward with:

3 – 4 Step forward on Right. Step Left beside Right. Start again (Facing 12 o'clock)

Second Restart – Occurs after 32 counts on Wall 6 (Facing 6 o'clock). Start again (Facing 6 o'clock)

To finish the dance at 12 o'clock:

Dance to Count 66, then step forward on Right, pivot 1/4 turn Left (67 – 68) and Stomp Right. Stomp Left. (69 – 70)

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