All Nighter



编舞者: Michael Lynn (UK) - May 2010

音乐: All Night Long (feat. Pitbull) - Alexandra Burke: (3:42)



(32 count intro, 121bpm)

LEFT HEEL GRIND, LEFT COASTER STEP, SCUFF-HITCH-SIDE, GIMPY LEG

1-2 Touch left heel forward, grind from right to left,

3&4 Step back left, step right beside left, step forward left,

Scuff right, hitch right, touch step right to right side (keeping weight on left),

7-8 Swivel right heel to left, swivel right toes to left,

RIGHT JAZZBOX, 1/2 HINGE TURN LEFT, CROSS ROCK RECOVER

1-2 Cross right over left, step left back,

3-4 Step right to right side, cross left over right,
5-6 Step right ¼ turn left, step left ¼ turn left,
7-8 Cross rock right over left, recover left.

TAGLET: On wall 10 (facing back), dance upto count 16, add the 4 count tag and restart the dance.

UPPITY HEELS, STEP, UPPITY HEELS, TWIST 1/4'S, RIGHT KICK BALLCHANGE

1&2	Step right to right side	, lift both heels up (&),	place heels back down	(keeping weight on right)
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(2),

& Step left beside right (&),

3 Step right forward (right heel should be in line with left toes) (3),

Lift both heels up (&), place heels back down (4),

5-6 Twist both heels 1/4 turn left, twist both heels 1/4 turn right,

7&8 Kick right foot forward, step right beside left, step onto left in place.

RIGHT ROCKING CHAIR, DIAGONAL 1/8 JUMP-TOGETHER x2

1-2 Rock forward on right, recover left,3-4 Rock back on right, recover left,

&5 Small jump right forward while making an 1/8 turn to face left diagonal, bring left beside right,

6 Hold for count 6,

&7 Small jump left forward while making an 1/8 turn to face right diagonal, bring right beside left,

8 (keeping weight on right), hold for count 8.

ALT STEPS: Counts 1-4 can be replaced with a 2 step pivot 1/2 turns left.

TAG (Danced after first 16 counts on Wall 10 only))

HANDBAG STEPS

1-2 Step right to right side, touch left beside right,

3-4 Step left to left side, step right beside left (keeping weight on right).

CHOREOGRAPHER's NOTE's

TAGLET: On wall 10 (you will be facing the back), dance upto count 16, then add the 4 count tag and restart the dance.

Alt Music: "All Night Long (4:23)" by Alexandra Burke (32 count intro, 121bpm)

CD Album: "Overcome" by Alexandra Burke

This can also be danced to the original album version on Alexandra's debut album "Overcome". This allows a floor split with Ryan Hunt's intermediate dance "Night Owl" or any other dances out there :o) If using this version dance ALL 32 counts of Wall 10 then add the 4 count tag (no restart at 16 counts is needed).

