

Is She Out There?

拍数: 64 墙数: 2 级数: Intermediate Contra
编舞者: Ross Brown (ENG) - June 2010
音乐: Somebody to Love - Justin Bieber : (CD: My Worlds - 3:41)



Intro: 32 Counts (Approx. 15 Secs)

PRISSY WALKS X3. PRESS FORWARD, ROCK BACK, RECOVER. SIDE STEP ¼ TURN R, CROSS.

- 1 – 2 – 3 Step right foot forward and across left, step left foot forward and across right, step right foot forward and across left.
4 – 5 – 6 Press forward with left, rock back with right, recover onto left.
7 – 8 Make a ¼ turn right stepping onto right, cross step left over right. (3 o'clock)

Note On the ROCK BACK on Count 5, you could look back over your right shoulder.

SIDE, HIP ROLL. BUMP; BACK, FORWARD, BACK. BUMP BACK, STEP ¼ TURN L.

- 1 – 2 – 3 Step right to the right, roll hips anti clockwise over 2 counts (Weight ends on right)
4 – 5 – 6 (Facing 4:30) Bump hips; back, forward, back.
7 – 8 (Facing 1:30) Bump hips back, make a ¼ turn left stepping forward with left. (12 o'clock)

BACK STEP ½ TURN L, SIDE STEP ¼ TURN L. CROSS, BACK, SIDE ROCK ¼ TURN R, RECOVER 1/8 TURN R, ROCK BACK, RECOVER.

- 1 – 2 Make a ¾ turn left stepping; back with right (½), left to the left (¼).
3 – 4 Cross step right over left, step back with left.
5 – 6 Make a 3/8 turn right; rocking right to the right (¼), recovering onto left (1/8).
7 – 8 (Facing 7:30) Rock back with right, recover onto left. (7:30)

(ON DIAGONALS) WALK, WALK. STEP, TOGETHER ¼ TURN L. BACK, TOGETHER. WALK, WALK.

- 1-2 (Facing 7:30) Walk forward; right, left.
3-4 Step forward with right, make a ¼ turn left stepping left next to right.
5-6 (Facing 4:30) Step back with right, step left next to right.
7-8 Walk forward; right, left. (4:30)

(ON DIAGONALS) STEP, HOLD. STEP ¼ TURN L, HOLD. X3.

- 1 – 2 Step forward with right, hold for 1 count.
3 – 4 Make a ¼ turn left stepping forward with left, hold for 1 count.
5 – 6 Make a ¼ turn left stepping forward with right, hold for 1 count.
7 – 8 Make a ¼ turn left stepping forward with left, hold for 1 count. (7:30)

(STRAIGHTEN UP) VINE RIGHT ¼ TURN R. VINE LEFT ¼ TURN L. STEP, PIVOT ½ TURN L.

- 1 – 2 – 3 (Straighten up to 6 o'clock) Step right to the right, cross step left behind right, make a ¼ turn right stepping forward with right.
4 – 5 – 6 Step left to the left, cross step right behind left, make a ¼ turn left stepping forward with left.
7 – 8 Step forward with right, pivot a ½ turn left. (12 o'clock)

RESTART On Wall 2, restart the dance at this point in the dance facing 6 o'clock.

STEP, KICK FORWARD, BACK. TOUCH BACK, UNWIND ½ TURN R. STEP, PIVOT ½ TURN R, STEP.

- 1 – 2 – 3 Step forward with right, kick left forward, step back with left.
4 – 5 Touch back with right, unwind a ½ turn right stepping onto right.
6 – 7 – 8 Step forward with left, pivot a ½ turn right, step forward with left. (12 o'clock)

1 ½ TURN L OVER 3 STEPS. BACK, BACK, TOGETHER. KNEE POPS/HEEL BOUNCES.

- 1 – 2 – 3 Make a 1 ½ turn left stepping; back with right (½), forward with left (½), back with right (½).
4 – 5 – 6 Step back with left, step back with right, step left next to right.

7 – 8 Push knees into their respective corners and bounce heels twice. (Weight ends on left) (6 o'clock)

End of Dance. Start again and Enjoy!

CONTRA: Start by facing a gap between the dancers of the opposite line.

During Section 1, you Walk through the gap.

During Section 2, the two lines should line up together and you should be facing someone.

During Section 5, you should Walk around a dancer from the opposite line.

During Section 6, you should pass between two dancers when doing the Second Vine.

Finally, on Section 8 you should pass between two dancers as you do the 1 ½ TURN L.

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