Dirtee Disco



拍数: 64 编数: 4 级数: Phrased Intermediate

编舞者: Jo Kinser (UK), John Kinser (UK) & Mark Furnell (UK) - June 2010

音乐: Dirtee Disco (Radio Edit) - Dizzee Rascal: (Single - 3:40)



Start 32 counts in on the vocals (0:17).

Part A: (Verse)

(1-8) Kick & Point, Kick & Point, Heel & Heel & Step, Swivel, Swivel

1&2 Kick Rt foot Fwd, Step Rt next to Lt, Point Lt to Lt3&4 Kick Lt foot Fwd, Step Lt next to Lt, Point Rt to Rt

Touch Rt heel Fwd, Step Rt next to Lt, Touch Lt heel Fwd, Step Lt next to Rt

Step Rt Fwd, Swivel both heels to the Rt, Swivel both heels to center (weight Lt)

(9-16) Coaster step, Cross Shuffle, Rock Recover, Behind 1/4 Step

1&2 Step Rt foot back, Step Lt next to Rt, Step Rt Fwd3&4 Step Lt over Rt, Step Rt to Rt, Step Lt over Rt

5,6 Rock Rt to Rt, Recover weight Lt

7,8 Step Rt behind Lt, Make 1/4 turn Lt stepping Lt Fwd (9 o'clock)

Restart Here. (Walls: 6, 3, 12, 3 o'clock).

(17-24) Scuff Step, Scuff Step, Sailor Step, Sailor 1/2 Turn

1,2 Scuff Rt foot next to Lt, Step Rt to Rt Diagonal
3,4 Scuff Lt foot next to Rt, Step Lt to Lt Diagonal
5&6 Step Rt behind Lt, Step Lt to Lt, Step Rt to Rt

7&8 Make 1/4 turn Lt stepping Lt behind Rt, Step Rt to Rt, Make 1/4 turn Lt Stepping Lt Fwd (3

o'clock)

(25-32) Step 1/2 Turn, Shuffle 1/2 Back, Hip Hip Hook, Walk, Walk

1,2 Step Rt Fwd, Make 1/2 turn Lt stepping Lt Fwd

3&4 Make 1/2 turn Lt stepping Rt back, Step Lt next to Rt, Step Rt back

Rock Lt back pushing hip back, Transfer weight Fwd Rt, Transfer weight back Lt hooking Rt

foot in front of Lt

7,8 Step Rt Fwd, Step Lt Fwd (3 o'clock)

Part B: (Chorus) Disco Section. (Starts on Walls 3, 12, 12 o'clock).

(1-8) Kick & Cross, Side Together, Side, Together, Side, Together, Side, Together, Step (Chasse's Rt)

1&2 Kick Rt foot Fwd, Step Rt slightly back, Step Lt over Rt

3,4 Step Rt to Rt, Step Lt next to Rt

5&6& Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt, Step Lt next to Rt

7&8 Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt

(9-16) Heel Fwd, Toe Back, Kick & Cross, Full Turn Lt - Touch

1,2 Touch Lt heel Fwd, Touch Lt toe back

3&4 Kick Lt foot Fwd, Step Lt slightly back, Step Rt over Lt

5,6 Make 1/4 turn Lt stepping Lt Fwd, Make 1/2 turn Lt stepping Rt back

7,8 Make 1/4 turn Lt stepping Lt to Lt, Touch Rt next to Lt

(17-24) Touch Fwd, Back, Fwd, Back, Small Chasse Rt, Small Chasse Lt (Hand Rolls)

1,2 Touch Rt toe diagonal fwd Rt (Point Rt finger in the air Rt), Touch Rt toe behind Lt (Point Rt

finger toward Lt foot)

| 3,4 | Touch Rt toe diagonal fwd Rt (Point Rt finger in the air Rt), Touch Rt toe behind Lt (Point Rt finger toward Lt foot) |
|----------------|---|
| 5&6 | Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt "Body angle Rt" (Hands: Roll both hands around each other) |
| 7&8 | Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt "Body angle Lt" (Hands: Roll both hands around each other) |
| (25-32) Paddle | e 1/4 Turn, Paddle 1/4 Turn, Jazz Box Step Fwd |
| 1,2 | Step Rt Fwd, Make 1/4 turn Lt transferring weight Lt (12 o'clock) |

ENDING: Jazz Box 1/2 Turn to face the front (12 o'clock)

Step Rt to Rt, Step Lt Fwd

Step Rt over Lt, Step Lt back

HAVE FUN

3,4

5,6

7,8

Co-choreographers: 06/10

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Step Rt Fwd, Make 1/4 turn Lt transferring weight Lt (9 o'clock)