

I'll Wait For You

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate Smooth
编舞者: Dee Musk (UK) - May 2010
音乐: If I Have to Wait - Toni Braxton : (Album: Pulse - 3:54)



16 Count Intro - start just before main vocals. Approx 15 seconds. BPM64

STEP FULL TURN R, STEP ½ TURN R, STEP ½ TURN L, ¼ TURN L CROSS SWEEP, SAILOR ½ TURN R.

- 1 Step forward on R.
2&3 Make a ½ turn R stepping back on L, make another ½ turn R stepping forward on R, step forward on L.
(Easier Option: shuffle forward L,R,L).
4 Make a ½ turn R (weight forward on R).
&5 Step forward on L, make a ½ turn L stepping back on R.
6&7 Make a ¼ turn L stepping L to L side, cross R over L, recover weight to L whilst sweeping R behind L.
8&1 Making a sailor ½ turn R cross step R behind L, step L to L side, * step R forward. (3 o'clock).
*Restart 1 from here during wall 3 – begin again facing 9 o'clock wall.
*Restart 2 from here during wall 7 – begin again facing 3 o'clock wall.

L MAMBO FORWARD, BACK ¼ TURN L CROSS, HINGE ½ TURN R, CROSS ROCK SIDE CROSS.

- 2&3 Rock forward on L, recover weight to R, step back on L.
4&5 Step back on R, make a ¼ turn L, cross step R over L.
6&7& Make a ¼ turn R stepping back on L, make a ¼ turn R stepping R to R side, cross rock L over R, recover weight to R.
8& Step L to L side, cross step R over L. (6 o'clock).

SIDE, BEHIND SIDE CROSS, FULL TRIPLE TURN L, RUN-AROUND ½ TURN R, CROSS UNWIND FULL TURN R SIDE.

- 1 Step L to L side.
2&3 Cross step R behind L, step L to L side, cross step R over L.
4&5 Making a full turn L triple around on the spot stepping L, R, L weight forward on L.
6&7 Make a ¼ turn R stepping forward on R, make another ¼ turn R stepping L to L side, step forward R
8&1 Cross step L over R, unwind a full turn R, step L to L side. (12 o'clock).

SWAY SWAY ¼ TURN R, SHUFFLE FORWARD, ½ TURN R STEP, FULL TURN L.

- 2&3 Sway R, Sway L, make a ¼ turn R stepping forward on R.
4&5 Shuffle forward L, R, L.
6,7 Make a ½ turn R, step forward on L.
8& Make a ½ turn L stepping back on R, make another ½ turn L stepping forward on L.
(Easier Option: run forward R, L). (9 o'clock).

Restart 1 - During wall 3 - dance up to and including count 8& then restart facing 9 o'clock

Restart 2 - During wall 7 - dance up to and including count 8& then restart facing 3 o'clock

Relax and Enjoy Luv Dee xx

deemusk@btinternet.com - Contact: 07814 295470