

I'm In a Spin

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Sheila Towers (UK) - May 2010
音乐: I'm In A Spin - Chris James



Music available at: www.chrisjamescountry.co.uk

32 Count intro Start on vocals

Step, Lock, Step, Brush, Step, Lock, Step, Brush

1-2 Step Right foot forward – Lock Left foot behind Right foot
3-4 Step Right foot forward- Brush Left foot forward
5-6 Step Left foot forward – Lock Right foot behind left foot
7-8 Step Left foot forward – Brush Right foot forward

Walk back Right, Left, Right, Touch Left, Left Grapevine making ¼ turn Left, brush

1-2 Right foot step back – Left foot step back
3-4 Right foot step back – Touch Left beside Right
5-6 Left foot step to Left side – Cross right foot behind Left
7-8 Left foot step ¼ turn Left – Brush Right foot forward

Jazz box, brush, Jazz box making ¼ turn left, touch

1-2 Right foot cross step over Left – Left foot step back
3-4 Right foot step to Right side – Left foot brush forward
5-6 Left foot cross step over Right – Right foot step back
7-8 Left foot step ¼ turn Left – Touch Right foot beside Left

Right Grapevine, Step Left beside Right, Heels, Toes, Heels (moving to left) clap

1-2 Right foot step to right side – Cross step Left behind Right
3-4 Right foot step to Right side – Step Left foot beside Right
5-6 Swivel Heels Left – Swivel Toes Left
7-8 Swivel heels to Centre – Clap hands

Begin Again
