

Dare 2 Sail

COPPERKNOB
STEPPEDETS

拍数: 32 墙数: 1 级数: Easy Beginner
编舞者: Shanthie De Mel (AUS) - May 2010
音乐: Sail Away - The Oak Ridge Boys : (Album: The Definitive Collection - 3:20)



Begin: Wt. L: 16 count Intro. Start on vocals.

(1-8) CROSS-BACK, ROCK, RETURN, HOLD X2

1,2,3,4 Cross R behind L, rock L to left side, return R, hold
5,6,7,8 Cross L behind R, rock R to right side, return L, hold (12:00)

(9-16) FWD, LOCK, FWD, HOLD – BACK, CROSS, BACK, HOLD

1,2,3,4 Step R fwd, lock L behind R, step R fwd, hold
5,6,7,8 Step L back, cross/ R over L, step L back, hold (12:00)

(17-24) CROSS- ROCK, RETURN, SIDE, HOLD X2

1,2,3,4 Cross/ rock R over L, return L, step R to right side, hold
5,6,7,8 Cross/rock L over R, return R, step L to left side, hold (12:00)

(25-32) RHUMBA BOX RIGHT AND LEFT

1,2,3,4 Step R to right side, step L together, step R fwd, hold
5,6,7,8 Step L to left side, step R together, step L back, hold (12:00)

Note – All counts 4 & 8 are Holds. This could be made a 4 Wall rotating ccw dance, by turning 90° left on L, to left side, on count 31, when 9:00 will be the next wall. For split floors, see the Intermediate line dance 'Lionheart' to the same music.

Jesse Martin of Australia, sailed in the 'Lionheart' in October 1999. At 18, he became the youngest, solo, non-stop, unassisted sailor to cross opposite points of the globe in a single round the world voyage. Congratulations Jesse. May you sail away to happiness!
