

RockNRollNGroove

COPPER KNOB
BY STEPHEN BRETZ

拍数: 48 墙数: 4 级数: Easy Intermediate
编舞者: Rachael McEnaney (USA) - 2010
音乐: Dead Ringer for Love - Meat Loaf & Cher



Count In: 32 counts from start of track – dance begins on vocals

Notes: There are 3 tags – see notes below: Walls 1, 4, 9 – music reminder for tags is “Baby Baby”

(1 – 8) R rocking chair, R heel grind with ¼ turn, back rock

1 2 3 4 Rock forward on right (1), recover weight onto left (2), rock back on right (3), recover weight onto left (4) 12.00
5 6 7 8 Rock forward on heel of right (5), make ¼ turn right rocking weight onto left (6), rock back on right (7), recover weight onto left (8) 3.00

(9 – 16) ¼ Monterey turn R, step forward R, ½ pivot turn to left, step forward on R, hold

1 2 3 4 Touch right to right side (1), make ¼ turn right stepping right next to left (2), touch left to left side (3), step left next to right (4) 6.00
5 6 7 8 Step forward on right (5), pivot ½ turn left (6), step forward on right (7), hold (8) 12.00

(17 – 24) L toe heel, L cross, R toe heel, R cross, L back, R side

1 2 3 4 Touch left toe in towards right (1), touch left heel to left diagonal (2), cross left over right (3), touch right toe in towards left (4) 12.00
5 6 7 8 Touch right heel to right diagonal (5), cross right over left (6), step back on left (7), step right to right side (8) 12.00

Styling: On the toe heel cross sections: option to swivel on opposite foot at same time so it is more of a twisting action

(25 – 32) L cross, R side, L heel, side, R cross, L side, R behind, ¼ turn L stepping fwd L (vaudeville into weave)

1 2 3 4 Cross left over right (1), step right to right side (2), touch left heel to left diagonal (3), step left to left side (4) 12.00
5 6 7 8 Cross right over left (5), step left to left side (6), cross right behind left (7), make ¼ turn left stepping forward on left (8) 9.00

(33 – 40) R toe strut, Step forward L, ½ pivot turn R, L toe strut, step forward R, ¼ pivot turn L

1 2 3 4 Touch right toe forward (1), drop right heel to floor (taking weight) (2), Step forward on left (3), pivot ½ turn right (4) 3.00
5 6 7 8 Touch left toe forward (5), drop left heel to floor (taking weight) (6), step forward on right (7), pivot ¼ turn left (8) 12.00

(41 – 48) Crossing R toe strut, L back strut, Rolling vine to right 1 & ¼ turns

1 2 3 4 Cross ball of right foot over left (1), drop right heel to floor (taking weight) (2), touch left toe back (3), drop left heel to floor (taking weight) (4) 12.00
5 6 7 8 Make ¼ turn right stepping forward on right (5), make ½ turn right stepping back on left (6), make ½ turn right stepping forward on right (7), step forward on left (8) 3.00

Easy option:

Instead of rolling vine on counts 5-8 do normal grapevine with ¼ turn right: Step right to right side (1), cross left behind right (2), make ¼ turn stepping forward on right (7), step forward on left (8)

TAGS There are 3 tags at end of walls: 1 (4 count tag), 4 & 9 (8 count tag) – music reminder: “Baby Baby”
Wall 1: At the end of wall 1 you will be facing 3.00 add following 4 count tag: Musical hint is that the lyrics are “Baby Baby”

1 2 3 4 Rock forward on right (1), recover weight onto left (2), rock back on right (3), recover weight onto left (4) – Rocking chair 3.00

Wall 4&9: At the end of wall 4 you will be facing 12.00, at end of wall 9 you will be facing 3.00 add 8 count tag: Musical hint is that the lyrics are “Baby Baby – Baby Baby”

1 2 3 4 Rock forward on right (1), recover weight onto left (2), rock back on right (3), recover weight onto left (4) – Rocking chair

5 6 7 8 Step right heel forward on right diagonal (5), step left heel forward on left diagonal (6), step back on right (7), step back on left (8)

(EASY OPTION) step forward right, left, then back right, left

START AGAIN, HAVE FUN!

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