

Little Ol' Cowgirl

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jos Slijpen (NL) - May 2010
音乐: Little Ol' Cowgirl - The Chicks : (CD: Little Ol' Cowgirl)



Intro: 16 counts.

S1: CROSS ROCK RIGHT, RECOVER, CHASSE RIGHT, CROSS, UNWIND 3/4 TURN RIGHT, STEP-LOCK-STEP

1-2 Rock right across left, recover weight on right
3&4 Step right to right side, step left together, step right to right side
5-6 Cross left over right, unwind 3/4 turn right (weight on right)
7&8 Step forward left, lock right behind left, step forward left [9]

S2: CROSS, BACK STEP LEFT, COASTER CROSS, TOE SWITCHES L&R, HEEL, HOOK, FORWARD LEFT

1-2 Step right across left, step back on left
3&4 Step back on right, step left beside right, cross step right over left
5&6& Touch left to left side, step left beside right, touch right to right side, step right beside left
7&8 Touch left heel forward, hook left in front of right knee, step forward left [9]

S3: CROSS STEP RIGHT, UNWIND 3/4 TURN LEFT, SAILOR STEP LEFT, VAUDEVILLES RIGHT & LEFT

1-2 Cross step right across left, unwind 3/4 turn left (lift both heels as high as possible)
3&4 Step left behind right, step right to right side, step left to left side
5&6& Cross step right over left step back on left, touch right heel forward, step back on right
7&8 Cross step left over right, step back on right, touch left heel forward [12]

S4: TOGETHER, CROSS STEP RIGHT, SIDE STEP LEFT, SAILOR STEP RIGHT, SAILOR STEP 3/4 TURN LEFT, WALKS RIGHT + LEFT

&1-2 Step left beside right, step right across left, step left to left side
3&4 Step right behind left, step left to left side, step right to right side
5&6 Step left behind right, turn 1/4 left stepping back on right, turn 1/2 left stepping forward left
7-8 Step forward right, step forward left [3]

Start again. Enjoy!

TAG:

At the end of 1st wall, 3rd wall and 7th wall add the following three counts:

SIDE TOUCH RIGHT, FORWARD TOUCH RIGHT, SIDE TOUCH RIGHT

1 Touch right to right side
2 Touch forward right
3 Touch right to right side

For booking and information: Jos Slijpen - Tel. + 31 40 285 86 91

Website: www.josslijpen.nl - E-mail: info@josslijpen.nl