

Wake Up

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Wake Up - Jessica Andersson : (CD: Wake Up)



16 Count Intro

Sec 1: Cross, Point, Cross, Point, Jazz Box ¼ Turn.

1 - 2 Cross right in front of left, Point left to left side.
3 - 4 Cross left in front of right, Point right to left right.
5 - 6 Cross right over left. Step left back.
7 - 8 Step right ¼ turn right. Cross left over right.

Sec 2: Turn ¼ L x 2, Step, Touch, Charleston Step.

1 - 2 Turn ¼ left step right back, turn ¼ step left forward.
3 - 4 Step right forward, Touch left beside right.
5 - 6 Step left forward, kick right forward.
7 - 8 Step right back, Touch left back

Sec 3: Weave, Touch, Rolling Vine, Touch.

1 - 2 Step left to left side. Cross right behind left.
3 - 4 Step left to left side. Touch right beside left.
5 - 6 Step right forward 1/4 turn right. Step left back making 1/2 turn right.
7 - 8 Step right to right side making 1/4 turn right. Touch left beside right.

Sec 4: Back Touch x 2, Point, Hold, Point, Hold.

1 - 2 Step left back. Touch right toe forward.
3 - 4 Step right back. Touch left toe forward.
5 - 6 Point left to left side, Hold
7 - 8 Point left forward, Hold

Sec 5: Step, Step ½ Turn, Back, Hook, Step lock step, Scuff.

1 - 2 Step forward left, make ½ turn left stepping back on right.
3 - 4 Step left back, Hook right foot in front of left.
5 - 6 Step right forward, Lock left behind right
7 - 8 Step right forward. Scuff left forward.

Sec 6: Rocking Chair, Side, Touch, Side, Touch.

1 - 2 Rock forward on Left foot, recover weight back onto Right foot
3 - 4 Rock back on Left foot, recover weight onto Right foot
5 - 6 Step left to left side, Touch right foot together.
7 - 8 Step right to right side, Touch left beside right.

Sec 7: Side, Cross, Back, Side, Cross, Side, turn ¼ L, Touch.

1 - 2 Step left foot to left side, Cross right foot over left.
3 - 4 Step left foot back, Step right foot to right side.
5 - 6 Cross left foot over right, Step right foot to right side.
7 - 8 Turn ¼ left step left forward, Touch right beside left.

RESTART here on wall 3.

***** See notes below for ending**

Sec 8: Walk Around ¾ Turn circle right.

1 - 2 Step right. Hold

3 - 4 Step left. Hold
5 - 6 Step right. Hold
7 - 8 Step left. Hold

***** Ending:**

During wall 6 - change Touch right beside left to - Turn $\frac{1}{4}$ left step right foot to right side.
