

AB-Bobbi

拍数: 48 墙数: 4 级数: Absolute Beginner
编舞者: Maureen Bullock (UK) - May 2010
音乐: Bobbi With an I - Phil Vassar : (Album: Travelling Circus)



Intro: 32 Counts from beginning of track. (CCW Rotation.)
Teaching note: although 48 seems a lot for AB, most is mirrored.

(1-8) Walk 3 fwd RLR to R diagonal, hitch, walk back 3, touch

1-4 Walk forward for 3 steps right, left, right to right diagonal and lift (hitch) left knee (13.00).
5-8 Walk backwards 3 steps left, right, left, straighten up to home wall and touch right toe to left foot.

(9-16) Walk 3 fwd RLR to L diagonal, hitch, walk back 3, touch

1-8 Repeat above, but to L diagonal (11.00) corner. End home wall (12.00)

(17-24) RT Fwd touch, back touch, (with attitude) Vine RT touch
(optional finger clicks on first touches)

1-4 Step forward right foot, leaning right shoulder forward and touch left toe to right foot. Step back left foot and straighten up body and touch right toes to left foot. (Option to click fingers as touch).
5-8 Vine to right. Step side right foot, cross left foot behind right, step side right foot and touch left toes to right foot.

(25-32) LF Fwd touch, back touch (with attitude). Vine LF touch
(optional finger clicks on first touches)

1-8 Repeat as above, but with LT foot/side of body forward. Vine to left and touch.

(33-40) RT Rocking chair. RT fwd toe strut. LF fwd toe strut.

1-4 Rock forward onto right foot, recover weight to left foot. Rock back onto right foot, recover weight to left foot.
5-6 Touch right toe forward (short step), drop heel to floor transferring weight to right foot.
7-8 Touch left toe forward (short step), drop heel to floor, transferring weight to left foot.

(41-48) Vine RT hitch. Vine LT touch turning ¼ Left

1-4 Step side right foot, cross left foot behind right, step side right foot and lift left knee (hitch)
5-8 Step side left foot, cross right foot behind left, step side left turning ¼ to left. Touch right toes to left foot.

Start again.

Finishes on front wall after the toe struts, please feel free to pose!

email: maureenbullock@tiscali.co.uk