

Mi Amor

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Leong Mei Ling (MY) - May 2010
音乐: Mi Amor - Audrey Landers & Camilo Sesto



Intro: (16 count intro)

Note: The rhythm is consistent throughout the dance, ie, SLOW, QUICK QUICK, except for the TAGS.

Section 1: SIDE, CROSS ROCK, SIDE, CROSS ROCK

- 1-4 Step Left to side, hold, Step Right across Left, recover to Left
- 5-8 Step Right to side, hold, Step Left across Right, recover to Right

Section 2: 1/4 + 1/2 LEFT, BACK, 1/2 TURN, 1/4 LEFT STEP SIDE, BALL CROSS

- 1-2 1/4 turn left step Left forward, (still on Left foot) 1/2 turn left bringing Right toe towards Left [3:00]
- 3-4 Step Right back, 1/2 left step Left forward [9:00]
- 5-6 1/4 turn left step Right to side, draw left towards Right [6:00]
- 7-8 Step ball of Left beside Right, cross Right over Left

Section 3: 1/4 BACK, 1/4 SIDE, CROSS; 1/4 BACK, 1/4 SIDE, CROSS

- 1-2 1/4 turn right stepping Left back, draw Right towards Left (as you begin to turn 1/4 right, let Right rest across Left)
- 3-4 Step Right to side, cross Left over Right [12:00]
- 5-6 1/4 turn left step Right back, draw Left towards Right (as you begin to turn 1/4 left)
- 7-8 Step Left to side, cross Right over Left [6:00]

Section 4: RECOVER, SWEEP, BACK ROCK, 3/4 LEFT, SWAY

- 1-2 Recover weight to Left, sweep Right from front to back
- 3-4 Rock back on Right, recover to Left
- 5-6 Step Right forward, (weight still on Right) spiral 3/4 left (ending with Left foot resting over Right) [9:00]
- 7-8 Step Left to side (sway), recover to Right (sway)

Wall 6: RESTART HERE [12:00]

On Wall 7 [9:00]: add TAG #2, then RESTART

Section 5: SWAY LEFT, RECOVER TO RIGHT, BEHIND, 1/4 RIGHT, SWEEP, UNWIND

- 1-4 Sway left (over 2 cts), recover weight to Right (body angled to left diagonal, draw Left toe towards Right, pushing hips back), step Left behind Right
- 5-6 1/4 right step Right forward [12:00], sweep Left back to front and across Right
- 7-8 Place weight on Left, unwind 3/4 right (ending with weight on Right) [9:00]

Section 6: SIDE, HOLD, TOGETHER, STEP, STEP, 1/4 TOUCH, STEP, 1/2 BACK, 1/4 LEFT

- 1-4 Step Left to side, hold, step Right beside Left, step Left forward
- 5-6 Step Right forward, pivot 1/4 right touch Left beside Right [12:00]
- 7-8& Step Left forward, 1/2 left stepping Right back, 1/4 turn left (and begin dance again)[3:00]

To End (Wall 9): On Section 4, change 5-8 as follows:

- 5-6 Step Right forward, turn 1/2 left (weight on Right) [12:00]
- 7-8 Step Left to side (sway), recover to Right (sway)

TAG #1: After Walls 2 & 5 [facing 6:00 & 3:00 respectively]

SIDE, HOLD, CROSS ROCK, STEP CROSS, SIDE

- 1-4 Step Left to side, hold, cross Right over Left, recover to Left
- 5-6 Step Right to side, cross left over Right

7-8 Step Right to side, touch Left beside Right (or gently draw towards Right)

TAG #2: On Wall 7 after 32cts [9:00]

BEHIND, SIDE, CROSS ROCK

1-4 Step Left behind Right, step Right to side, step Left across Right, recover to Right
