

Sunday Break

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Closed On Sunday - Gwen Sebastian : (CD: Push Play)



32 Count intro

Side Step. Cross. Unwind 1/2 Turn Left. Cross Rock & 1/4 Turn Right. 1/2 Turn Right. Side. Cross &.

- 1 – 3 Step Right Long step to Right side. Cross Left behind Right. Unwind 1/2 turn Left. (Weight on Left)
- 4&5 Cross Rock Right over Left. Recover weight on Left. Make 1/4 turn Right stepping forward on Right.
- 6 – 7 Make 1/2 turn Right stepping Left Diagonally back Left. Step Right to Right side and Slightly back.
- 8& Cross step Left over Right. Step Right to Right side. (Facing 3 o'clock)

Cross Rock. 1/4 Turn Left. Step. Pivot Full Turn Left. Sweep Behind. Side. Cross Rock & 1/4 Turn Left.

- 1 – 2 Cross rock Left forward over Right. Recover weight on Right.
- 3 Make 1/4 turn Left stepping Left Long step forward. (Facing 12 o'clock)
- 4&5 Step forward on Right. Pivot Full turn Left. Step back on Right.
- 6 – 7 Sweep Left out and around behind Right. Step Right to Right side.
- 8&1 Cross rock Left over Right. Recover weight on Right. Make 1/4 turn Left stepping forward on Left.

Right Lock Step Forward. Step. Pivot 1/2 Turn Right. Cross Rock & Side. Step Back. Recover.

- 2&3 Step forward on Right. Lock step Left behind Right. Step forward on Right. (Facing 9 o'clock)
- 4 – 5 Step forward on Left. Pivot 1/2 turn Right. (Facing 3 o'clock)
- 6&7 Cross rock Left over Right. Recover weight on Right. Step Left Long step to Left side.
- 8 – 1 Step back on Right pushing Hips back – popping Left knee forward. Recover weight on Left.

Side. Together. Forward. Forward Rock. Left Sailor Cross 1/2 Turn Left. Side. Together.

- 2&3 Step Right to Right side. Close Left beside Right. Step forward on Right.
- 4 – 5 Rock forward on Left. Rock back on Right.
- 6&7 Cross Left behind Right making 1/2 turn Left. Step Right beside Left. Cross step Left over Right.
- 8& Step Right to Right side. Close Left beside Right. (Facing 9 o'clock)

Note: To keep to the phrasing of the music...a 4 Count Tag is needed at the End of Wall 6

4 Count Tag (Facing 6 o'clock): Side Step Right. Left Cross Rock & Side. Right Back Rock &.

- 1 Step Right to Right side.
- 2&3 Cross rock Left over Right. Rock back on Right. Step Left to Left side.
- 4& Rock back Right behind Left. Recover weight on Left.