

Humpin' Around

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Tan Candy (SG) - May 2010
音乐: Humpin' Around - Bobby Brown : (4:35)



Start after 48 counts

Section 1: Side Together, Heel Twists x3 Making ¼ Turn L, Walk x2, Forward Mambo

1-2 Step R to R side (Styling: Swing leg out to side), step L beside R
3&4 Twist heels RLR making ¼ turn L with weight on R (9:00)
5-6 Walk forward LR
7&8 Rock forward on L, recover weight on R, step back on L

Section 2: Walk Back x2, Touch Back, ¼ Turn R, Weight Transfers x2

1-2 Walk backward RL
3-4 Touch R back, make ¼ turn R transferring weight to R (12:00)
5-6 Transfer weight to L by rolling hips R-back-L
7-8 Transfer weight to R by rolling hips L-back-R

Section 3: Side Cross 1/8 Turn R, 1/8 Turn R Back Lock Step, Back Together, Scissor Step

1-2 Step L to L side, make 1/8 turn crossing R over L bending knees (1:30)
3&4 Make 1/8 turn R stepping back on L (3:00), lock step R across L, step back on L
5-6 Step back on R, step L beside R
7&8 Step R to R side, step L beside R, cross R over L

Section 4: ¼ Turn L Forward Forward, Heel Twists x2, Jazz Box

1-2 Make ¼ turn L stepping forward on L (12:00), step forward on R with no weight
3-4 Twist heels RL with weight on L
5678 Cross R over L, step back on L, step R to R side, step L beside R

Section 5: Stomp, Knee Pop, Hold, Double Knee Roll, Rocking Chair

1234 Stomp R to R side with no weight, pop R knee in, hold for 2 counts

RESTART: During wall 5 - Restart dance after count 36. (facing 12:00)

5-6 Roll R knee out twice before taking weight on R
7&8& Rock forward on L, recover weight on R, rock back on L, recover weight on R

Section 6: Forward Hitch, Walk x4 Making ½ Turn R, Forward Together

1-2 Step forward on L, hitch
3456 Walk forward RLRL making ½ turn R (6:00)
7-8 Step forward on R, step L beside R

RESTART: During wall 2 - Restart dance after count 48. (facing 12:00)

Section 7: Diagonal Toe Strut, Diagonal Tap Toe Strut (x2)

1-2 Touch R toe to R diagonal, drop R heel taking weight
3&4 Tap L toe towards L diagonal twice, drop L heel taking weight
5678 Repeat counts 1-4

Section 8: Diagonal Step Touch x2, Walk Back x3, Together

1-2 Step R to R diagonal, touch L beside R
3-4 Step L to L diagonal, touch R beside L
5678 Walk backward RLR, step L beside R

REPEAT

RESTART

During wall 2 and wall 5, restart dance after count 48 and count 36 respectively. (both facing 12:00)
