

Country Rock N Roll

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sandi Larkins (USA) - April 2010
音乐: That's How Country Boys Roll - Billy Currington



Walk Forward R, Walk Forward L, Triple Forward R, Forward L Rock, Recover, Triple Back L

- 1 Walk forward R 12 o'clock
- 2 Walk forward L
- 3&4 Step forward R (3) – Step L next to R (&) – Step forward R (4)
- 5 Rock forward on L
- 6 Recover weight back to R
- 7&8 Step L back (7) – Step R next to L (&) – Step L back

Rock Back R, Recover L, Rock R Side Right, Recover to L, Weave

- 1 Rock back on R
- 2 Recover weight back to L
- 3 Rock R out to R side
- 4 Recover weight back to L
- 5 Step/Cross R over L
- 6 Step L to L side
- 7 Step/Cross R behind L
- 8 Step L to L side

Cross Rock R over L, Recover L, R Triple ½ turn R, L Triple ¼ turn R, Step back R, Step L Tog with R

- 1 Cross rock R over L
- 2 Recover weight back to L
- 3&4 Step R ¼ turn R (3) – Step L together with R (&) – Step R ¼ R (4) – (As if you are rolling into the turn)
- 5&6 Step L back 1/4 turn R (5) – Step R together with L (&) Step L back (6)
- 7 Step back R
- 8 Step L together with R

Step forward R, Touch L, Step L Out, Hold, Roll Hips 2X in Circular Motion

- 1 Step forward on R
- 2 Touch L next to R
- 3 Step L out to L side
- 4 HOLD
- 5-8 Roll Hips 2 X in Circular Motion - CCW

Begin Again ! Thanks for trying my dance and I hope you enjoy!!

Contact: ridesthewind@gmail.com