Step Into The Light

Start dancing on lyrics

级数: Intermediate

拍数: 48 编舞者: Debbie Ellis (ES) - April 2010

音乐: All for You - Kate Ryan

Step, Touch, & Heel, & Step, Pivot ½ Turn, Triple Full Turn	
1-2	Step right forward, touch left together
&3&4	Step left in place, touch right heel forward, step right in place, step left forward
5-6	Step right forward, turn $\frac{1}{2}$ left (weight to left)
7&8	Full triple turn left stepping right, left, right
	r counts 7&8: shuffle forward (stepping right, left, right)
Step, Touch, & Heel, & Step, Rock, Recover, Chasse ¼ Turn	
1-2	Step left forward, touch right together
&3&4	Step right in place, touch left heel forward, step left in place, step right forward
5-6	Rock left forward, recover to right
7&8	Turn ¼ left and step left to side, step right together, step left to side
Weave Left With Point, Weave Right With Point	
1-4	Cross right over left, step left to side, cross right behind left, touch left to side
5-8	Cross left over right, step right to side, cross left behind right, touch right to side
Cross Points Twice (Traveling Forward), Step, Pivot ½ Turn, Kick Ball Change	
1-2	Cross right over left, touch left to side
3-4	Cross left over right, touch right to side
5-6	Step right forward, turn 1/2 left (weight to left)
7&8	Kick right forward, step on ball of right in place, step left in place
Forward Rock, Shuffle 1/2 Turn, Forward Rock, Coaster Step	
1-2	Rock right forward, recover to left
3&4	Shuffle turn ½ right stepping right, left, right
5-6	Rock left forward, recover to right
7&8	Left coaster step
Forward Rock, Triple ¾ Turn (Right), Forward Rock, Triple ¾ Turn (Left)	
1-2	Rock right forward, recover to left
3&4	Triple ¾ turn right stepping right, left, right
5-6	Rock left forward, recover to right
7&8	Triple ¾ turn left stepping left, right, left (9:00)
Repeat	
RESTART: DURING wall 6, dance up to count 32 (kick ball change), then restart facing front wall	





墙数:4