

Voulez-Vous

COPPERKNOB
CHOREOGRAPHY SHEETS

拍数: 80 墙数: 2 级数: Advanced Intermediate
编舞者: Knox Rhine (USA) - December 2008
音乐: Voulez-Vous - ABBA



Or: Voulez-Vous/ Mamma Mia Cast [126 bpm]

32 count intro, dance starts on count 33 prior to the vocals

'VINE RIGHT, SHOULDER ROCK STEP

- 1 Step RIGHT foot to right side
- 2 Step LEFT foot across behind right leg
- 3 Step RIGHT foot to right side
- 4 Touch LEFT toe forward-left, lift left & dropping right shoulder
- 5 Drop left & lift right shoulder as weight starts to transfer to LEFT foot
- & Lift left & drop right shoulder as weight continues to transfer to LEFT foot
- 6 Drop left & lift right shoulder as weight reaches LEFT foot
- 7 Lift left & drop right shoulder as weight starts to transfer back to RIGHT foot
- & Drop left and lift right shoulder as weight continues to transfer to RIGHT foot
- 8 Lift left & drop right shoulder as weight reaches RIGHT foot

KICK, HOOK, TWIST ROCK STEP

- 9 Kick LEFT foot forward-left
- 10 Hook LEFT foot across right shin
- 11 Turn 1/4 left and step LEFT foot to left side looking back left
- 12 Turn 1/4 right weight on RIGHT foot to face forward

'VINE LEFT, SHOULDER ROCK STEP

- 13 Step LEFT foot to left side
- 14 Step RIGHT foot across behind left foot
- 15 Step LEFT foot to left side
- 16 Touch RIGHT toe forward-right, lift right & dropping left shoulder
- 17 Drop right & lift left shoulder as weight starts to transfer to RIGHT foot
- & Lift right & drop left shoulder as weight continues to transfer to RIGHT foot
- 18 Drop right & lift left shoulder as weight reaches RIGHT foot
- 19 Lift right & drop left shoulder as weight starts to transfer back to LEFT foot
- & Drop right and lift left shoulder as weight continues to transfer to LEFT foot
- 20 Lift right & drop left shoulder as weight reaches LEFT foot

KICK, HOOK, TWIST ROCK STEP

- 21 Kick RIGHT foot forward-right
- 22 Hook RIGHT foot across left shin
- 23 Turn 1/4 right and step RIGHT foot to right side looking back right
- 24 Turn 1/4 left weight on LEFT foot to face forward

PIVOT, PIVOT, SHUFFLE FORWARD, PIVOT, PIVOT, SHUFFLE FORWARD

- 25 Pivot 1/2 turn left on ball of LEFT foot stepping RIGHT foot back
- 26 Pivot 1/2 turn left on ball of RIGHT foot stepping LEFT foot forward
- 27 Step RIGHT foot forward
- & Step LEFT foot beside right foot
- 28 Step RIGHT foot forward
- 29 Pivot 1/2 turn right on ball of RIGHT foot stepping LEFT foot back

- 30 Pivot 1/2 turn right on ball of LEFT foot stepping RIGHT foot forward
- 31 Step LEFT foot forward
- & Step RIGHT foot beside left foot
- 32 Step LEFT foot forward

BACKWARD TRAVELING STEP-BALL-CHANGES

- 33 Step RIGHT foot back
- & Rock forward onto LEFT foot
- 34 Rock back onto RIGHT foot
- 35 Step LEFT foot back
- & Rock forward onto RIGHT foot
- 36 Rock back onto LEFT foot
- 37 Step RIGHT foot back
- & Rock forward onto LEFT foot
- 38 Rock back onto RIGHT foot
- 39 Step LEFT foot back
- & Rock forward onto RIGHT foot
- 40 Rock back onto LEFT foot

EIGHT COUNT SYNCOPATED WEAVE

- 41 Step RIGHT foot across in front of left leg
- 42 Step LEFT foot to left side
- 43 Step RIGHT foot across behind left leg
- & Step LEFT foot to left side
- 44 Step RIGHT foot across in front of left leg
- 45 Step LEFT foot to left side
- 46 Step RIGHT foot across behind left leg
- & Step LEFT foot to left side
- 47 Step RIGHT foot across in front of left leg
- 48 Turn to face left corner, step LEFT foot forward

TOE TOUCH CHARLESTONS, PIVOT TURN, SIDE STEP TURN, CLAP

- 49 Touch RIGHT toe forward
- 50 Touch RIGHT toe back
- 51 Touch RIGHT toe forward
- 52 Touch RIGHT toe back
- 53 Touch RIGHT toe/ball forward
- 54 Pivot 5/8 turn left on ball of LEFT foot (to face side wall)
- 55 Pivot another 1/4 turn left on ball of LEFT foot stepping RIGHT foot to right side
- 56 Clap

EIGHT COUNT SYNCOPATED WEAVE

- 57 Step LEFT foot across in front of right leg
- 58 Step RIGHT foot to right side
- 59 Step LEFT foot across in behind of right leg
- & Step RIGHT foot to right side
- 60 Step LEFT foot across in front of right leg
- 61 Step RIGHT foot to right side
- 62 Step LEFT foot across behind of right leg
- & Step RIGHT foot to right side
- 63 Step LEFT foot across in front of right leg
- 64 Turn to face right corner, step RIGHT foot forward

TOE TOUCH CHARLESTONS, PIVOT TURN, SIDE STEP TURN, CLAP

- 65 Touch LEFT toe forward
- 66 Touch LEFT toe back
- 67 Touch LEFT toe forward
- 68 Touch LEFT toe back
- 69 Touch LEFT toe/ball forward
- 70 Pivot 5/8 turn right on ball of RIGHT foot (to face side wall)
- 71 Pivot another 1/4 turn right on ball of right foot and step LEFT foot to left side
- 72 Clap

BUMP, BUMP, KICK-BALL-POINT, SWEEP 1/2 TURN, KICK-BALL-CHANGE

- 73 Bump hips to right side
- 74 Bump hips to left side
- 75 Kick RIGHT foot forward
- & Step RIGHT foot beside left foot
- 76 Point LEFT toe to left side
- 77 Pivoting on ball of RIGHT foot, sweeping LEFT toe 1/2 turn left
- 78 Place LEFT foot beside right foot
- 79 Kick RIGHT foot forward
- & Step RIGHT toe/ball beside left foot
- 80 Step LEFT foot beside right foot

Tag is done once between patterns 2 & 3. Facing the front wall.

"SYNCOATED WAVE"

FORWARD-FORWARD, SNAP, BACK-BACK, SNAP, FORWARD-FORWARD, SNAP, BACK-BACK, SNAP

- & Step RIGHT foot forward
- T1 Step LEFT foot beside right foot, shoulder width apart
- T2 Lean back, swing hands high, snap fingers
- & Step RIGHT foot back
- T3 Step LEFT foot beside right, shoulder with apart
- T4 Lean forward, swing hands low, snap fingers
- & Step RIGHT foot forward
- T5 Step LEFT foot beside right foot, shoulder width apart
- T6 Lean back, swing hands high, snap fingers
- & Step RIGHT foot back
- T7 Step LEFT foot beside right, shoulder with apart
- T8 Lean forward, swing hands low, snap fingers

A special Thanks to Robbin Murphy, Lana and Tony Wilson for their help.
