

Cecilia

拍数: 32 墙数: 2 级数: Improver
编舞者: Maureen Jones (UK) & Michelle Jones (UK) - April 2010
音乐: Cecilia - Simon & Garfunkel : (CD: Simon And Garfunkel's Greatest Hits)



Intro: 16 counts

KICK-STEP-POINT, KICK-STEP-POINT, HITCH, SHUFFLE, ROCK, RECOVER, STEP

1&2 Kick right forward, step right beside left, point left to left
3&4& Kick left forward, step left beside right, point right to right, hitch right
5&6 Shuffle forward stepping right, left, right
7-8& Rock left forward, recover onto right, step left beside right

STEP, ¼ PIVOT, CROSS SHUFFLE, EXTENDED SYNCOPATED VINE

9-10 Step right forward, pivot ¼ turn left
11&12 Step right across left, step left to left, step right across left
&13&14 Step left to left, step right behind left, step left to left, step right across left
&15&16 Step left to left, step right behind left, step left to left, step right across left

¼ TURN-BACK, ¼ TURN-SIDE, CROSS ROCK, ¼ TURN, WALKS, RUNS

17-18 Make ¼ turn right & step left back, make ¼ turn right & step right to right
19&20 Rock left across right, recover onto right, make ¼ turn left and step left forward
21-22 Walk forward stepping right, left
23&24 Run forward stepping right, left, right (bending knees)

FORWARD ROCK, SIDE ROCK, ¼ TURN-POINT, ¼ TURN-POINT, ROCK, COASTER

25&26& Rock left forward, recover onto right, rock left to left, recover onto right
27-28 On ball of right make ¼ turn right & touch left to left, repeat
29-30 Rock left forward, recover
31&32 Step left back, step right beside left, step left forward

TAG (insert after wall 2 –facing front)

ROCKING CHAIR

1-2 Rock right forward, recover
3-4 Rock right back, recover

thegirls2ms@hotmail.com