

# Nona's Waltz

**COPPER KNOB**  
STEPSHEETS

拍数: 24      墙数: 2      级数: Beginner  
编舞者: Nenny Bambang (INA) - April 2010  
音乐: Polo Nona  
或: any song with a waltz rhythm



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**NO TAG , NO RESTART**

## **SIDE LONG STEP, STEP AND KICK**

1-2-3      Step R to right side( with long step), bring L slightly towards R, kick L forward diagonally right  
4-5-6      Step L to left side (with long step), bring R slightly towards L, kick R forward diagonally left

## **STEP FWD, SIDE STEPS, BACK STEP, TOUCHES**

1-2-3      Step R forward, bring L slightly towards R then step to left side, step R beside L  
4-5-6      Step back on L, touch R toe beside L, touch R toe out to right side

## **CROSS SHUFFLE, SIDE STEP, ROCK, RECOVER**

1-2-3      Cross R over L, step L to left side, cross R behind L  
4-5-6      Step L to left side, cross/rock R over L, recover on L

## **TRAVELING FULL TURN, CROSS/ROCK, RECOVER, ½ TURN**

1-2-3      ¼ turn right stepping R forward, make another ¼ turn right step L to left side, ½ turn right  
step R to right side  
4-5-6      Cross/rock L over R, recover on R, make ¼ turn left stepping L forward

**\* to start the new wall: make another ¼ turn left as you start the first count by stepping R to right side (with long step)**

**REPEAT AND ENJOY YOUR DANCE !!!**

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