

Carole's Cha Cha

COPPER **KNOB**
BY STEPHEN

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Knox Rhine (USA) & Robbin Murphy - March 2009
音乐: If I Could - Carole Champagne



Alt. Music:

Una Momento Alla/ Rick Trevino [94 bpm]

Quit Playing Games/ Backstreet Boys [102 bpm]

Start with the vocals

FORWARD, SIDE, BEHIND, CROSS OVER, BACK-LOCK-BACK, ROCK STEP

- 1 Slide LEFT foot forward
- 2 Step RIGHT foot to right side
- 3 Step LEFT back-right behind right heel
- 4 Step-lock RIGHT foot back-left across left leg
- 5 Step LEFT foot back
- & Slide-lock RIGHT foot across left foot
- 6 Step LEFT foot back
- 7 Step RIGHT foot back
- 8 Rock forward onto LEFT foot

FORWARD COASTER STEP, WALK BACK, BACK, BACK COASTER, WALK FORWARD, FORWARD

- 9 Step RIGHT foot forward
- & Step LEFT foot beside right foot
- 10 Step RIGHT foot back
- 11 Step LEFT foot back
- 12 Step RIGHT foot back
- 13 Step LEFT foot back
- & Step RIGHT foot beside left foot
- 14 Step LEFT foot forward
- 15 Step RIGHT foot forward
- 16 Step LEFT foot forward

ROCK STEP, 1/2 TURN, HOLD, ROCK STEP, 1/2 TURN, HOLD

- 17 Step RIGHT foot forward
- 18 Rock back onto LEFT toe/ball
- 19 Pivot a 1/2 turn right stepping RIGHT foot forward
- 20 Hold
- 21 Step forward with LEFT foot
- 22 Rock back onto RIGHT toe/ball
- 23 Pivot a 1/2 turn right stepping LEFT foot forward
- 24 Hold

STEP, LOCK, STEP-LOCK-STEP, PIVOT TURN, STEP-LOCK-STEP

- 25 Step RIGHT foot forward
- 26 Step-lock LEFT foot up behind right foot
- 27 Step RIGHT foot forward
- & Step-lock LEFT foot up behind right foot
- 28 Step RIGHT foot forward
- 29 Step LEFT toe/ball forward
- 30 Pivot a 1/2 turn right on ball of RIGHT foot

- 31 Step LEFT foot forward
- & Step-lock RIGHT foot up behind left foot
- 32 Step LEFT foot forward

CROSS, BACK, SIDE-TOGETHER-SIDE, CROSS, BACK, SIDE-TOGETHER-SIDE

- 33 Step RIGHT foot to across in front of right leg
- 34 Step LEFT foot back
- 35 Step RIGHT foot to right side
- & Step LEFT beside right foot
- 36 Step RIGHT foot to right side
- 37 Step LEFT foot across in front of right foot
- 38 Step RIGHT foot back
- 39 Step LEFT foot beside right foot
- & Step RIGHT foot beside left foot
- 40 Step LEFT foot to left side

DIAGONAL CROSS SHUFFLE, STEP, 1/4 TURN, DIAGONAL CROSS SHUFFLE, STEP, 1/4 TURN
Facing 6:00, moving towards 4:30

- 41 Cross step RIGHT foot forward-left
- & Step LEFT foot beside right foot
- 42 Cross step RIGHT foot forward-left
- 43 Step LEFT toe/ball forward-left
- 44 Pivot a 1/4 turn right on ball of RIGHT foot to face 9:00

Facing 9:00, moving towards 10:30

- 45 Cross step LEFT foot forward-right
- & Step RIGHT foot beside left foot
- 46 Cross step LEFT foot forward-right
- 47 Step RIGHT toe/ball forward-right
- 48 Pivot a 1/4 turn left on ball of LEFT foot to face 6:00

CROSS, SIDE TOGETHER, CROSS, SIDE, TOGETHER, CROSS, 1/4 TURN

- 49 Step RIGHT foot across in front of left leg
- 50 Step LEFT foot to left side
- 51 Step RIGHT foot beside left foot
- 52 Step LEFT foot across in front of right leg
- 53 Step RIGHT foot to right side
- 54 Step LEFT foot beside right foot
- 55 Step RIGHT foot across in front of left leg
- 56 Step LEFT foot a 1/4 turn left

POINT SIDE, HOLD, POINT FORWARD, HOLD, POINT FORWARD, HOLD, CROSS TAP, HOLD

- 57 Touch RIGHT toe right side.
 - 58 Hold
 - 59 Touch RIGHT toe forward
 - 60 Hold
 - & Place RIGHT foot next to left foot
 - 61 Touch LEFT toe forward
 - 62 Hold
 - 63 Touch LEFT toe tip beside outside of right foot.
 - 64 Hold
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