

Giddy On Up

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Knox Rhine (USA) - April 2010
音乐: Giddy On Up - Laura Bell Bundy



Alternative music:

Love Makin' Song/ Aaron Watson [94 bpm]

I'd Go Crazy/ Duane Michaels [97 bpm]

STEP, LOCK, STEP-LOCK-STEP

- 1 Step RIGHT foot forward
- 2 Step-lock LEFT foot up behind right foot
- 3 Step RIGHT foot forward
- & Step-lock LEFT foot up behind right foot
- 4 Step RIGHT foot forward

PIVOT TURN, FULL TRIPLE-STEP TURN

- 5 Step LEFT toe/ball forward
- 6 Pivot 1/2 turn right on ball of RIGHT foot
- 7 Turn 1/4 turn right on ball of RIGHT foot stepping LEFT toe/ball beside right foot
- & Turn 1/2 turn right on ball of LEFT foot stepping RIGHT toe/ball beside left foot
- 8 Turn 1/4 turn right on ball of RIGHT foot stepping LEFT foot forward (6:00)

STEP, LOCK, STEP-LOCK-STEP

- 9 Step RIGHT foot forward
- 10 Step-lock LEFT foot up behind right foot
- 11 Step RIGHT foot forward
- & Step-lock LEFT foot up behind right foot
- 12 Step RIGHT foot forward

PIVOT TURN, FULL TRIPLE-STEP TURN

- 13 Step LEFT toe/ball forward
- 14 Pivot 1/2 turn right on ball of RIGHT foot
- 15 Turn 1/4 turn right on ball of RIGHT foot stepping LEFT toe/ball beside right foot
- & Turn 1/2 turn right on ball of LEFT foot stepping RIGHT toe/ball beside left foot
- 16 Turn 1/4 turn right on ball of RIGHT foot stepping LEFT foot forward (12:00)

ROCK 1/4 TURN, CROSS-SIDE-CROSS

- 17 Step RIGHT foot forward
- 18 Rock back 1/4 turn left onto LEFT foot (9:00)
- 19 Step RIGHT foot across in front of LEFT leg
- & Step LEFT foot to left side
- 20 Step RIGHT foot across in front of left leg

SIDE ROCK, CROSS-SIDE-CROSS

- 21 Step LEFT foot to left side
- 22 Rock right onto RIGHT foot
- 23 Step LEFT foot across in front of right leg
- & Step RIGHT foot to right side
- 24 Step LEFT foot across in front of right leg

ROCK STEP, 1/2 TURN TRIPLE STEP

- 25 Step RIGHT foot forward
- 26 Rock back onto LEFT foot
- 27 Step RIGHT foot 1/4 turn right
- & Step LEFT foot beside right foot
- 28 Step RIGHT foot 1/4 turn right (3:00)

PIVOT TURN, 1/2 TURN, STEP BACK-TOGETHER

- 29 Step LEFT toe/ball forward
- 30 Pivot 1/2 turn right on ball of RIGHT foot
- 31 Turn 1/2 turn right on ball of RIGHT foot stepping LEFT foot back
- 32 Step RIGHT foot back
- & Step LEFT toe/ball beside right foot (3:00)

**Option for full triple-step turn:
Steps 7&8 , 15&16. Triple step in place.**
