

Jamba Jump

COPPER **KNOB**
STEPSHEETS

拍数: 0 墙数: 0 级数: Phrased Intermediate
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音乐: Jamba - Anjulie



Intro: Dance starts after 8 counts

Sequence: A B A B C B B B

Part A: 56, Part B: 32, Part C: 36

We wanna thank the Country Angels from Lestrem (France) for the music!!!

PART A

Out, Out, Shuffle Side (2x)

1 RF Step to right side
2 LF Step to left side
3 RF Step to right side
& LF Close next to RF
4 RF Step to right side
5 LF Step to left side
6 RF Step to right side
7 LF Step to left side
& RF Close next to LF
8 LF Step to left side

Syncopated Jazzbox ¼ Turn R, Cross Shuffle, Step, Sailor Step ¼ Turn L

1 RF Cross over LF
& LF ¼ turn right stepping backwards
2 RF Step to right side
3 LF Cross over RF
& RF Close behind LF
4 LF Cross over RF
& RF Close behind LF
5 LF Cross over RF
6 RF Step to right side
7 LF Step behind RF
& RF ¼ turn left stepping to right side
8 LF Step forward

Walk, Walk, Shuffle Fwd, Step, ½ Turn R, Step, ¼ Turn R

1 RF Step forward
2 LF Step forward
3 RF Step forward
& LF Close next to RF
4 RF Step forward
5 LF Step forward
6 RF ½ turn right stepping forward
7 LF Step forward
8 RF ¼ turn right stepping to right side

Cross, Rockstep, Cross, ½ Turn R, Kick, Rockstep, Syncopated Jazz Box

1 LF Cross over RF

& RF Step to right side
 2 LF Recover
 3 RF Cross over LF
 & LF ¼ turn right stepping backwards
 4 RF ¼ turn right stepping to right side
 5 LF Kick forward
 & LF Close next to RF
 6 RF Step to right side
 & LF Recover
 7 RF Cross over LF
 & LF Step back
 8 RF Step to right side

Cross, Step, Sailor Step ¼ Turn L, Step, ½ Turn L, Step, ¼ Turn L

1 LF Cross over RF
 2 RF Step to right side
 3 LF Step behind RF
 & RF ¼ turn left stepping to right side
 4 LF Step forward
 5 RF Step forward, ½ turn left
 6 LF Step forward
 7 RF Step forward, ¼ turn left
 8 LF Step to left side

Touch 2x, Sailor Step ¼ Turn R, Heel 2x, Step, ¼ Turn R

1 RF Touch forward
 2 RF Touch to right side
 3 RF Cross behind LF
 & LF ¼ turn right stepping to left side
 4 RF Step forward
 5 LF Heel forward
 & LF Close next to RF
 6 RF Heel forward
 & RF Close next to LF
 7 LF Step forward
 8 RF ¼ turn right stepping to right side

Cross Shuffles, Step, Jump, Hip Bumps

1 LF Cross over RF
 & RF Close behind LF
 2 LF Cross over RF
 & RF Close behind LF
 3 LF Cross over RF
 & RF Close behind LF
 4 LF Cross over RF
 5 RF Step to right side
 6 ¼ turn left jumping feet together (LF towards RF)
 7 hip bump to right
 & Recover hip
 8 Hip bump to right

PART B

Jump 3x, ½ Turn L, Step, Hitch, Shuffle R

1 Jump up (feet together)

& Jump out (feet apart)
 2 Jump RF across LF
 3-4 unwind ½ turn left (weight ends on LF)
 5 RF Step to right side
 6 LF Close next to RF and hitch right knee
 7 RF Step to right side
 & LF Close next to RF
 8 RF Step to right side

Turning Vine L, Jump 2x, Out - Out, Jump 3x Making A ½ Turn R

1 LF ¼ turn left stepping forward
 2 RF ½ turn left stepping back
 3 LF ¼ turn left stepping to left side
 & Jump feet together and slightly to left side
 4 Jump feet together and slightly to left side
 5 RF Step to right side
 6 LF Step to left side
 7 LF Start ½ turn right while jumping on LF and keep right leg up, right knee is bend
 & LF Keep turning right while jumping on LF and keep right leg up, right knee is bend
 8 LF Finish ½ turn right while jumping on LF and keep right leg up, right knee is bend

Sailorstep, Weave, Monterey Turn R, Touch 2x

1 RF Step behind LF
 & LF Step to left side
 2 RF Step to right side
 3 LF Step behind RF
 & RF Step to right side
 4 LF Cross over RF
 5 RF Touch to right side
 6 RF ½ turn right closing RF next to LF
 7 LF Touch to left side
 & LF Close next to RF
 8 RF Touch to right side

Turning Vine, Jump 2x, Out, Out, Jump 2x, Close

1 RF ¼ turn right stepping forward
 2 LF ½ turn right stepping back
 3 RF ¼ turn right stepping to right side
 & Jump feet together, slightly to right side
 4 Jump feet together, slightly to right side
 5 LF Step to left side
 6 RF Step to right side
 7 RF Start ½ turn left while jumping on RF and keep left leg up, left knee is bend
 & RF Keep turning left while jumping on RF and keep left leg up, left knee is bend
 8 LF Finish ½ turn left while closing LF next to RF

PART C

Walk 4x With Shimmy Shoulders, Syncopated Jazzbox ¼ Turn R, Cross Shuffle

1-4 Walk forward R, L, R, L and doing Shimmy shoulders
 5 RF Cross over LF
 & LF ¼ turn right stepping backwards
 6 RF Step to right side
 7 LF Cross over RF
 & RF Close behind LF

8 LF Cross over RF

½ Turn L, ¼ Turn L Siccorstep, Shake L Leg, Shake R Leg

1 RF ¼ turn left stepping back
2 LF ¼ turn left stepping forward
3 RF Step forward
& LF ¼ turn left closing LF next to RF
4 RF Cross over LF
5&6 Raise left leg up to the side and shake it
& LF Close next RF
7&8 Raise right leg up to the side and shake it
& RF Close next to LF

Walk 4x With Shimmy Shoulders, Syncopated Jazzbox ¼ Turn L, Cross Shuffle

1-4 Walk forward L, R, L, R and doing Shimmy shoulders
5 LF Cross over RF
& RF ¼ turn left stepping backwards
6 LF Step to left side
7 RF Cross over LF
& LF Close behind RF
8 RF Cross over LF

½ Turn R, ¼ Turn R Siccorstep, Shake R Leg, Shake L Leg

1 LF ¼ turn right stepping back
2 RF ¼ turn right stepping forward
3 LF Step forward
& RF ¼ turn right closing RF next to LF
4 LF Cross over RF
5&6 Raise right leg up to the side and shake it
& RF Close next LF
7&8 Raise left leg up to the side and shake it
& LF Close next to RF

Out With Hip Bump R, Hip Bump L, Hip Back, Jump

1 RF Step to right side and
2 Push hip to left
3 Push your bottom back
4 Jump together

Have Fun and Go Mad with it!!!
