# Jamba Jump



编舞者: Daniel Trepat (NL) & Pim van Grootel (NL) - January 2010

音乐: Jamba - Anjulie

Intro: Dance starts after 8 counts

Sequence: A B A B C B B B Part A: 56, Part B: 32, Part C: 36

We wanna thank the Country Angels from Lestrem (France) for the music!!!

#### PART A

## Out, Out, Shuffle Side (2x)

1	RF Step to right side
2	LF Step to left side
3	RF Step to right side
&	LF Close next to RF
4	RF Step to right side
5	LF Step to left side
6	RF Step to right side
7	LF Step to left side
&	RF Close next to LF
8	LF Step to left side

#### Syncopated Jazzbox ¼ Turn R, Cross Shuffle, Step, Sailor Step ¼ Turn L

1 RF Cross over LF

& LF 1/4 turn right stepping backwards

2 RF Step to right side
3 LF Cross over RF
& RF Close behind LF
4 LF Cross over RF
& RF Close behind LF
5 LF Cross over RF

6 RF Step to right side 7 LF Step behind RF

& RF ¼ turn left stepping to right side

8 LF Step forward

## Walk, Walk, Shuffle Fwd, Step, ½ Turn R, Step, ¼ Turn R

1 RF Step forward
2 LF Step forward
3 RF Step forward
& LF Close next to RF
4 RF Step forward
5 LF Step forward

6 RF ½ turn right stepping forward

7 LF Step forward

8 RF ¼ turn right stepping to right side

#### Cross, Rockstep, Cross, ½ Turn R, Kick, Rockstep, Syncopated Jazz Box

1 LF Cross over RF

&	RF Step to right side
2	LF Recover
3	RF Cross over LF
&	LF ¼ turn right stepping backwards
4	RF ¼ turn right stepping to right side
5	LF Kick forward
&	LF Close next to RF
6	RF Step to right side
&	LF Recover
7	RF Cross over LF
&	LF Step back
8	RF Step to right side
Cross, Step. Sa	ailor Step ¼ Turn L, Step, ½ Turn L, Step, ¼ Turn L
1	LF Cross over RF
2	RF Step to right side
3	LF Step behind RF
&	RF 1/4 turn left stepping to right side
4	LF Step forward
5	RF Step forward, ½ turn left
6	LF Step forward
7	RF Step forward, ¼ turn left

## Touch 2x, Sailor Step $\frac{1}{2}$ Turn R, Heel 2x, Step, $\frac{1}{2}$ Turn R

LF Step to left side

1	RF Touch forward
2	RF Touch to right side
3	RF Cross behind LF
&	LF ¼ turn right stepping to left side
4	RF Step forward
5	LF Heel forward
&	LF Close next to RF
6	RF Heel forward
&	RF Close next to LF
7	LF Step forward
8	RF ¼ turn right stepping to right side

#### Cross Shuffles, Step, Jump, Hip Bumps

Cross Snumes,	Step, Jump, Hip Bumps
1	LF Cross over RF
&	RF Close behind LF
2	LF Cross over RF
&	RF Close behind LF
3	LF Cross over RF
&	RF Close behind LF
4	LF Cross over RF
5	RF Step to right side
6	1/4 turn left jumping feet together (LF towards RF)
7	hip bump to right
&	Recover hip
8	Hip bump to right

8

## Jump 3x, 1/2 Turn L, Step, Hitch, Shuffle R

1 Jump up (feet together)

& 2 3-4 5 6 7 & 8	Jump out (feet apart) Jump RF across LF unwind ½ turn left (weight ends on LF) RF Step to right side LF Close next to RF and hitch right knee RF Step to right side LF Close next to RF RF Step to right side			
Turnina Vine L	Turning Vine L, Jump 2x, Out - Out, Jump 3x Making A ½ Turn R			
1	LF 1/4 turn left stepping forward			
2	RF ½ turn left stepping back			
3	LF ¼ turn left stepping to left side			
&	Jump feet together and slightly to left side			
4	Jump feet together and slightly to left side			
5	RF Step to right side			
6	LF Stort 1/ turn right while imming on LF and keep right log up, right knee is hand			
7 &	LF Start ½ turn right while jumping on LF and keep right leg up, right knee is bend LF Keep turning right while jumping on LF and keep right leg up, right knee is bend			
8	LF Finish ½ turn right while jumping on LF and keep right leg up, right knee is bend			
Sailorstep, We 1 &	eave, Monterey Turn R, Touch 2x  RF Step behind LF  LF Step to left side			
2 3 & 4	RF Step to right side LF Step behind RF RF Step to right side LF Cross over RF			
3 & 4 5	LF Step behind RF RF Step to right side LF Cross over RF RF Touch to right side			
3 & 4 5 6	LF Step behind RF RF Step to right side LF Cross over RF RF Touch to right side RF ½ turn right closing RF next to LF			
3 & 4 5 6 7	LF Step behind RF RF Step to right side LF Cross over RF RF Touch to right side RF ½ turn right closing RF next to LF LF Touch to left side			
3 & 4 5 6	LF Step behind RF RF Step to right side LF Cross over RF RF Touch to right side RF ½ turn right closing RF next to LF			
3 & 4 5 6 7 & 8	LF Step behind RF RF Step to right side LF Cross over RF RF Touch to right side RF ½ turn right closing RF next to LF LF Touch to left side LF Close next to RF RF Touch to right side			
3 & 4 5 6 7 & 8 Turning Vine,	LF Step behind RF RF Step to right side LF Cross over RF RF Touch to right side RF ½ turn right closing RF next to LF LF Touch to left side LF Close next to RF RF Touch to right side  Jump 2x, Out, Out, Jump 2x, Close			
3 & 4 5 6 7 & 8 <b>Turning Vine,</b> 3	LF Step behind RF RF Step to right side LF Cross over RF RF Touch to right side RF ½ turn right closing RF next to LF LF Touch to left side LF Close next to RF RF Touch to right side  Jump 2x, Out, Out, Jump 2x, Close RF ¼ turn right stepping forward			
3 & 4 5 6 7 & 8 <b>Turning Vine,</b> 3	LF Step behind RF RF Step to right side LF Cross over RF RF Touch to right side RF ½ turn right closing RF next to LF LF Touch to left side LF Close next to RF RF Touch to right side  Jump 2x, Out, Out, Jump 2x, Close RF ¼ turn right stepping forward LF ½ turn right stepping back			
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3 & 4 5 6 7 & 8 <b>Turning Vine,</b> 3 1 2 3 & 4 5 6 7	LF Step behind RF RF Step to right side LF Cross over RF RF Touch to right side RF ½ turn right closing RF next to LF LF Touch to left side LF Close next to RF RF Touch to right side  Jump 2x, Out, Out, Jump 2x, Close RF ¼ turn right stepping forward LF ½ turn right stepping back RF ¼ turn right stepping to right side Jump feet together, slightly to right side Jump feet together, slightly to right side LF Step to left side RF Step to right side RF Start ½ turn left while jumping on RF and keep left leg up, left knee is bend			
3 & 4 5 6 7 & 8 <b>Turning Vine,</b> 3 1 2 3 & 4 5 6	LF Step behind RF RF Step to right side LF Cross over RF RF Touch to right side RF ½ turn right closing RF next to LF LF Touch to left side LF Close next to RF RF Touch to right side  Jump 2x, Out, Out, Jump 2x, Close RF ¼ turn right stepping forward LF ½ turn right stepping back RF ¼ turn right stepping to right side  Jump feet together, slightly to right side Jump feet together, slightly to right side LF Step to left side RF Step to right side			

## PART C

## Walk 4x With Shimmy Shoulders, Syncopated Jazzbox 1/4 Turn R, Cross Shuffle

1-4	Walk forward R, L, R, L and doing Shimmy shoulders
5	RF Cross over LF
&	LF 1/4 turn right stepping backwards
6	RF Step to right side

6 RF Step to right side 7 LF Cross over RF & RF Close behind LF

## 1/2 Turn L, 1/4 Turn L Siccorstep, Shake L Leg, Shake R Leg

1 RF ¼ turn left stepping back 2 LF ¼ turn left stepping forward

3 RF Step forward

8

& LF ¼ turn left closing LF next to RF

4 RF Cross over LF

5&6 Raise left leg up to the side and shake it

& LF Close next RF

7&8 Raise right leg up to the side and shake it

& RF Close next to LF

## Walk 4x With Shimmy Shoulders, Syncopated Jazzbox 1/4 Turn L, Cross Shuffle

1-4 Walk forward L, R, L, R and doing Shimmy shoulders

5 LF Cross over RF

& RF ¼ turn left stepping backwards

6 LF Step to left side 7 RF Cross over LF & LF Close behind RF 8 RF Cross over LF

## 1/2 Turn R, 1/4 Turn R Siccorstep, Shake R Leg, Shake L Leg

1 LF ¼ turn right stepping back

2 RF ¼ turn right stepping forward

3 LF Step forward

& RF ¼ turn right closing RF next to LF

4 LF Cross over RF

5&6 Raise right leg up to the side and shake it

& RF Close next LF

7&8 Raise left leg up to the side and shake it

& LF Close next to RF

#### Out With Hip Bump R, Hip Bump L, Hip Back, Jump

1 RF Step to right side and

2 Push hip to left

3 Push your bottom back

4 Jump together

## Have Fun and Go Mad with it!!!