

# Stay Out Of My Arms

拍数: 64                      墙数: 2                      级数: Improver  
编舞者: Tom Monaghan (NZ) & Wendy Monaghan (NZ) - 2010  
音乐: Stay Out Of My Arms - Heather Myles : (Album: Just Like Old Times)



**(8) FORWARD, COASTER-STEP, FORWARD, ROCK, 1/2TURN, SHUFFLE.**

1 2 3&4            Step R fwd, rock back on L, COASTER: Step R back, Step L beside R, step R fwd,  
5 6 7&8            Step L fwd, rock back on R turning ½ left, shuffle fwd step L.R.L.

**(16) 1/2 PIVOTS X 2, SIDE, ROCK, CROSS-SHUFFLE. 1 2 3 4 Step R fwd, pivot ½ turn left (take weight on left), step R fwd, pivot ½ turn left (take weight on left),**

5 6 7&8            Step R to side, rock onto L, cross-shuffle step: R-L-R.

**(24) SIDE, 1/4 TURN-HOOK, SHUFFLE, FWD, 1/2 TURN-HOOK, SHUFFLE.**

1 2 3&4            Step L to side, turn ¼ turn right hooking R heel to L shin, shuffle forward step: R.L.R.,  
5 6 7&8            Step L fwd, turn ½ turn right hooking R heel to L shin, shuffle forward step: R.L.R.

**(32) FORWARD, ROCK, 1/2 TURN-SHUFFLE x 2, 1/2 TURN, FORWARD.**

1 2 3&4            Step L forward, rock back on R turning ½ turn left, shuffle forward L. R .L. (9)  
5 6 7&8            Turn ½ turn left shuffle back R. L. R, (3) turn ½ turn left step L forward, step R forward, (9)

**(40) SIDE, ROCK, BEHIND, SIDE, ACROSS, SIDE, ROCK, 1/4 TURN-SAILOR STEP.**

1 2 3&4            Step L to side, rock onto R, step L behind R, step R to side, step L across R,  
5 6 7&8            Step R to side rock onto L, sailor-step turning ¼ turn Right step R.L.R (12)

**(48) FWD, BACK, BACK, LOCK, BACK, 1/2 TURN, 1/2 TURN, 1/4 TURN, FWD.**

1 2 3&4            Step L forward, step R back, step L back, step R across L, step L back,  
5 6 7&8            Turn ½ right step R fwd, turn ½ right step L back, turn ¼ right step R to side, step L fwd.

**(Tag & Restart)**

**(56) FORWARD, ROCK, COASTER-STEP, FORWARD, ROCK, 1/2 TURN, SHUFFLE.**

1 2 3&4            Step R forward, rock back on L, step R back, step L beside R, step R forward,  
5 6 7&8            Step L forward, rock back on R turning ½ left shuffle forward L.R.L.

**(64) 1/4 PADDLE-TURN, SHUFFLE FWD, 1/2TURN, 1/2TURN, FORWARD, HOLD.**

1 2 3&4            Step R forward, turn ¼ left (take weight on L), shuffle forward R.L.R.,  
5 6 7 8            Turn ½ right step L back, turn ½ right step R forward, step L forward, hold.

Repeat dance in new direction.

**Tag & Restart: during wall 2 dance to beat 48 then add a right ¼ turn jazz box step:**

1,2                Step R across L, turn ¼ right step L back,  
3,4                Step R to side, step L forward.

to restart facing the front wall.