

Fly

拍数: 32 墙数: 4 级数: Improver
编舞者: Rob Fowler (ES) - April 2010
音乐: Fly - Zane Lewis



Start dancing on lyrics

Side Rock, Cross & Heel, & Cross Side, Sailor ¼ Turn

1-2 Rock right to side, recover to left
3&4 Cross right over left, step left to side, touch right heel diagonally forward
&5-6 Step right together, cross left over right, step right to side
7&8 Cross left behind right, step right to side, turn ¼ left and step left to side

Step ½ Turn Back, Right Back Shuffle, Rock Step, Turn ½ Right Twice

1-2 Step right forward, turn ½ right and step left back
3&4 Chassé back right, left, right
5-6 Rock left back, recover to right
7-8 Turn ½ right and step left back, turn ½ right and step right forward

Syncopated Rock Steps, Coaster Step ½ Pivot Turn

1-2& Rock left forward, recover to right, step left together
3-4 Rock right forward, recover to left
5&6 Step right back, step left together, step right forward
7-8 Step left forward, turn ½ right (weight to right)

Left Shuffle Forward, Rock Step, 1 ½ Turn, Back Right

1&2 Chassé forward left, right, left
3-4 Rock right forward, recover to left
5-6 Turn ½ right and step right forward, turn ½ right and step left back
7-8 Turn ½ right and step right forward, step left forward

Repeat
